

School Health Advisory Council
September 19, 2016

The meeting was called to order at 4:15 p.m.

In attendance were: Monette Bright, Melanie Ortiz, Laureen Pedrotti, Joseph Reyes, Natalie Barganski, Nila Nash Jackson, Stephanie Womack, Amber Ibanez, Leslie Fiscus, Irene Reyes, Bill Robinson, Catherine Cahanding, Amy Seeds, Melonie Shandy, Gina Valdez, Linda Barganski, Katelijne Acker, Bryant Gray, Sandra Martinez, Mary Welch, & Cheryl Cannon

The welcome was given by Cheryl Cannon. Introductions were made by committee members.

Cheryl Cannon presented a PowerPoint on “What is SHAC?” (Purpose and requirements, 10 Components of a Coordinated School Health Program, & FitnessGram requirements). All committee members received a listing of the meeting dates for the school year.

Motion was made by Bill Robinson and seconded by Katelijne Acker to approve last meetings’ minutes. Motion passed.

New Business:

1. Becky Meyer, Executive Director of Youth Odyssey, made a presentation to the committee. Youth Odyssey is a 501 nonprofit that is on a mission to provide at-risk youth, ages 10-17, with positive youth development through adventure programming. This is accomplished through teaching basic life skills (communication, teamwork, problem-solving, goal-setting, leadership, and trust) through adventure challenges that include teambuilding games, ropes challenge courses, kayaking, canoeing, hiking, rock climbing, bouldering, backpacking, and camping. The goal of this program is to assist youth in successfully navigating through their lives into a brighter future by overcoming their present circumstances.

Youth Odyssey would like to bring “Adventure Challenge Programming” to Flour Bluff I.S.D. All skills are taught in hands-on fashion coupled with fun outdoor experiences. Programming sessions are comprised of the following levels:

Level One: Portable Ropes Course Challenge Sessions will serve a max of 15 youth per session. The onsite activities are two-hour sessions.

Level Two: Ropes Course Challenge Sessions will serve a max of 12 youth per session. These are from 8:30 a.m. until 4:00 p.m.

Level Three: Adventure Wilderness Trip will serve a max of 12 youth on each trip. The trips are from Friday afternoon till Sunday afternoon.

Level Four: Graduation that includes parents, youth, and volunteer. Awards are provided for each participant.

Youth Odyssey operates through adjunct programming. Flour Bluff I.S.D. would select youth who have problems in school, at home, and socially to join in the programs. Youth Odyssey teaches youth how to make good choices and how to successfully navigate through their lives.

At the conclusion of the meeting, School Health Advisory Committee members voted unanimously to approve the Youth Odyssey Program for Flour Bluff I.S.D. Becky Meyer will be invited back to the district to present the program in more detail to the Flour Bluff Intermediate, Junior High, and High School campuses. Campus administration will have the final decision as to whether or not participate in the program.

Old Business: None

A motion was made by Amy Seeds to adjourn the meeting and the motion was seconded by Joseph Reyes. Motion passed.

The next meeting will be held on November 14, 2016.

The meeting was adjourned at 5:10 p.m.