

Health & Advisory Committee
& Safe and Drug Free Schools Committee Minutes
May 19, 2014

Meeting called to order at 4:03 p.m.

In attendance were: Pam Pailes, Inez Matthijetz, Jennifer Pogue, Meg Straiton, Dory Trudeau, Casey Becker, Molly Parker, Molly Nichols, Robert Connor, Carol Zunker, Brian Scholz, Veronica Villarreal, Crystal Cooper, Nancy Lechner, Aida Regalado, Kristen LaBaume, Neely Pedersen, Kristina Richter, Janet Daniel, Natalie Barganski, Joseph Reyes, Irene Reyes, Edgar VanGeem, Gina Valdez, Brandon Buchei, Cheryl Cannon, Linda Barganski, Sandra Davila, Bryant Gray, Sandra Martinez, Erika De La Paz, Tina Baier, and Dr. George Ragland.

Introductions were started by Cheryl Cannon.

Motion was passed by Gina Valdez and Molly Nichols to approve last meetings' minutes.

Presentations were given as follows:

1. Presentation by Roxanne Aguirre from Bayview Behavioral Hospital/Jason Foundation. The Jason Foundation partnered with HCA (Bayview Behavioral Hospital's parent company) a few years ago in order to provide resources to the community. The Jason Foundation was founded in 1997 when a parent lost a child to suicide. In hopes of helping other parents with identifying signs of suicide, Clark Flatt partnered with professionals to gather data and reached out to the community to present this information. Community outreach continued to grow as it was in such high demand, so he started videotaping his presentations. His story developed into training modules and into a 3-5 day, teacher-led curriculum called "Promise for Tomorrow" which is geared towards students in grades 7-12. This program helps students better understand how to help other friends with suicide prevention. It helps empower them to be there for each other. Mr. Flatt also has another program that is geared towards the community and parents, and also an 8-hour online staff development training. The Parent Resource Program (PRP) link can be posted on the district website so that parents can be linked to the Jason Foundation website to find more information and resources. There is also a card app available for students to download that'll provide information on how to help their friends. The way Bayview Behavioral Hospital partnered with the Jason Foundation was to provide inpatient care once the student has gotten to the point of crisis. They provide the information to the community as a way of preventing getting to that point.
2. Presentation by George Ragland and Tina Baier from Methodist Healthcare Ministries of South Texas. They offer community-based counseling in a face to face setting all along Methodist churches in South Texas from Corpus Christi to Laredo. Their goal for the presentation is to get approval from the Health Advisory Committee to get referrals for counseling services. Now that the summer is around the corner, they would like to provide these counseling services to any students and/or their families that don't have the support for issues from their teachers, peers, or others. The target population is poverty, but no one is turned away. They are a non-profit organization and all of their referrals are anonymous. Referrals do not have to go through the school district, anyone can be referred. They do not do any counseling dealing with drugs and alcohol, but will suggest they get help from a center that deals with that. Everyone that comes in for counseling needs to be compliant. Tina Baier is a Wesley Nurse that works in the 78418 zip code. Methodist

Healthcare Ministries has three Wesley nurses in Corpus Christi, TX. She mostly works out of St. Peters by the Sea. She seeks out families in need of food, clothes, etc. If they are in need of counseling, she will then refer them over to George Ragland for these services. They offer a free support group for teenagers affected by alcoholism and also, the church has a free support group for families that have loved ones whom are incarcerated.

3. Presentation by Cheryl Cannon for NET CETERA: Community Outreach Toolkit. There is a new initiative that will take place in the district next year called *Bring Your Own Device*. It will be open to Junior High and High School students (grades 7-12). Students will be allowed to bring their own devices next year. These two campuses are in the process of having meetings to give out all of the information to parents and students. Students will be able to get out their own device during class if the teacher allows them to. The Junior High campus students will only be allowed to have their device out during class time and at the teacher's discretion, and not during passing time or in the cafeteria during lunch. High School students *will* be allowed to have their devices out during passing time *and* in the cafeteria during lunch time. A district committee created the *Responsible Use Guidelines (RUG)* for all students to follow. Students need to be taught "netiquette" and digital citizenship. After much research, the district found an online resource that deals with implementing this named NET CETERA: Community Outreach Toolkit. Mrs. Cannon was able to order free sets of brochures and CDs for each campus. The other resource that was ordered is called *Stop.Think.Click*. All of this information will go up on the district website including a link to SnapChat, an online application that kids/students are using nowadays. The toolkit includes videos in English and Spanish, and also a CD with printable information and links to different informational sites. It is mostly about spreading the word. The goal is to have the students use their devices as an instructional tool at the teachers' guidance. Teachers are not required to implement this in their classroom and also do not have to use it every day if they chose not to. Students are not supposed to use their own internet on their device, but rather use the district's Wi-Fi. Our guidelines were patterned after Katy ISD's *Responsible Use Guidelines (RUG)*. They have had this program implemented for a few years now, so they have been able to improve the areas of the program that weren't as strong. Devices are available during class time for those students that do not already have one. This program will be built into the district's Code of Conduct, and the students will be given discipline referrals as they would for other offenses.

Video review by Aida Regalado for "Body Story – Breaking Down" was approved.

Floor Open for discussion.

Gina Valdez, Director of Nutrition, talks about putting together a Wellness Sub-Committee for next year. If anyone is interested in being part of the committee, the first meeting will be held sometime in June or July. Parents are needed most to be a part of this committee. The Senate has now instructed districts to implement this. The State will no longer mandate ALL of our rulings on how we handle things like snacks, they will now let each school deal with it. The schools will now be more hands-on in terms of making decisions on student nutrition and making sure everyone abides by them.

Next meeting to be held on September 15, 2014.

Meeting concluded at 5:15pm.