

Health Advisory Committee &
Safe and Drug Free Schools Committee Minutes
March 23, 2015

The meeting was called to order at 4:10 p.m.

In attendance were: Natalie Barganski, Jeannette Elliott, Kristen LaBaume, Kristina Richter, Ivonne Sandoval, Julie Johnson, Brandon Buchei, Gina Valdez, Linda Barganski, Cheryl Cannon, Mary Pawelek, Sister Esparanza Seguban, Dr. Mary Jane Garza, Mary Welch, Katelijne Acker, Noah Earley, Christine Ewing, Inez Matthijetz, Pam Pailles, Lauren Pedrotti, Joseph Reyes, Bryant Gray, Molly Nichols, Jacque Bonds, Brian Scholz, Margie Garza, Nancy Lechner, Carrie Long, & Nikol Youngberg

Welcome was given by Cheryl Cannon.

Motion was made by Molly Nichols and seconded by Linda Barganski to approve last meetings' minutes. Motion passed.

Presentations were given as follows:

1. Presentation was given by Dan Sharp of the Moose Lodge on NetSmartz/Online Safety Education, a program of the National Center for Missing & Exploited Children. This program is free and works to help prevent online victimization of youths by teaching them how to stay safer online and in the real world. NetSmartz produces age-appropriate resources using 3-D animation, music, and interactive games to help children enjoy learning about safer online behavior. The materials are easily incorporated into classes such as health and technology, youth programs, or libraries because NetSmartz content is modular and adaptable. Copies of the NetSmartz curriculum will be sent to the campuses for review.
2. Tia Freeman and Frank Janousek of the Palmer Drug Abuse Program (PDAP) made a presentation regarding their program that helps fight drug and alcohol abuse. PDAP has provided free services in the Coastal Bend for 3 decades and is funded by private donations and United Way. PDAP is a spiritually based, twelve-step program that recognizes the power of peer pressure and provides teens with a peer group that establishes love, acceptance and mutual accountability due to the effects of mind-changing chemicals. PDAP sponsors weekly meetings and activities to provide on-going support, companionship and encouragement to the abuser. If the staff at PDAP feel that they cannot provide proper services to the abuser, they will refer them to a residential program. The committee agreed that PDAP could be used as a resource.

Old Business

1. Update: Mind, Exercise, Nutrition, Do It Program (MEND) - Cheryl Cannon reported that the district will not be implementing the MEND program due to program concerns at another district.
2. Mrs. Cannon reported that the Tobacco Prevention and Control Coalition was approved at the January 26, 2015 meeting.
3. Mrs. Cannon also reported that the Human Trafficking/New Life Refuge Ministries was not approved at the January 26, 2015 meeting. The committee needs more information regarding this program.

The floor was opened for discussion.

A motion was made by Gina Valdez and seconded by Linda Barganski that the May 18, 2015 meeting be cancelled. Motion passed.

The meeting was adjourned at 5:00 p.m.