# **Work Related Injury**

# What to do...???

- 1) Seek medical attention if necessary:
  - a. First aid kit.
  - b. Campus nurse
  - c. Minor clinic/doctor (Alliance Approved Doctor or Clinic Only).
  - d. Go to emergency room IF NECESSARY.
  - e. Call 911.
- 2) Complete Work Injury Report Complete <u>ALL</u> white areas.

#### BE AS SPECIFIC AS POSSIBLE. SIGN AND DATE/HAVE YOUR SUPERVISOR/PRINCIPAL SIGN

- 3) Complete Employee Acknowledge of the Alliance Direct Contracting Program
- 4) Read Employee Notice of Alliance Requirements.

### Go to www.pswca.org to find an approved medical provider.

- 5) Send the Work Injury Report and Employee Acknowledgment of the Alliance Direct Contracting Program to Jeanette Revels, Personnel, Central Office.
- 5) Please note that:
  - Only your time for initial treatment at the time of the injury is covered. Sick/Personal (If available) leave may be used for all other time off
  - You must notify your supervisor and Jeanette Revels of all appointments.
  - You must send copies of all medical records pertaining to the injury to Jeanette Revels, Personnel, Central Office

# WORK INJURY REPORT

EMPLOYER NAME	EMPLOYER NAME STREET ADDRESS		CITY, STATE		ZIP CODE	EMPLOYER FEIN
Flour Bluff ISD 2505 Waldron Road		ad	Corpus Christi, TX		78418	74-6000593
CARRIER					AGENT	
Texas Association of School Boards					Texas Assoc	iation of School Boards
PO Box 2010, AUSTIN 1	X 78768					
800-482-7276				580-6720		
1 NAME (LAS	F, FIRST)	2	DATE OF BIRTH	3	SOCIAL SECURITY #	4 DATE OF HIRE
			/ /			/ /
5	ADDRESS			6 SEX	7	MARITAL STATUS
				FEMALE		RRIED/SINGLE/DIVORCED
				MALE	MARR	IED
8 СІТҮ	STATE	9	ZIP CODE			LE/UNMARRIED
	тх					WN
10 PHONE NUMBER	11 OCCUP	ATION/JOB 1	TITLE	12	EMPLOYMENT	
						PER DAY
( ) -						
TIME EMPLOYEE	DATE OF		TIME	FOCCURRENCE		DATE EMPLOYER
13 BEGAN WORK	14 INJURY/ILLNESS	5	15 TIME O	_	16 LAST WORK DAT	E 17 NOTIFIED
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18 TYPE OF INJURY (CHECK ALL THAT APPLY)	19 BUILDING/LOG	CATION & RO	OM #/AREA	20		DDY AFFECTED REAS INJURED)
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21		, MATERIALS.	, OR CHEMICALS E	EING USED WHEN INJUR		
			-			
22	SP	ECIFIC ACTIVI	ITY ENGAGED IN W	HEN INJURY/ILLNESS OC	CURRED	
			HOW INJURY/ILLM	IESS OCCURRED.		
23	(DESCRIBE THE SEQUENCE OF				JRED OR MADE THE EMPLOYE	E ILL.)
						USE BACK IF NECESSARY.
24 LIST ANY SAFEGUARDS OR SAFETY EQUIPMENT PROVIDED						

Page 1 of 2.

DWC - FIRST REPORT OF INJURY/ILLNESS REV 1/2/2007

WORK INJUI	RY REPORT (Continued)	Page 2 of 2.
25 WITNESSES (NAME & PHONE #)	26 TYPE OF TREA	TMENT
	NO MEDICAL TREATMENT	MINOR BY CLINIC
		EMERGENCY CARE
	CE OF PHYSICIAN	
Under the Texas Workers' Compensation Commission La		
"The employee is entitled to the employee's initial choice of		inderstand that Flour
Bluff ISD can only refer, not recommend, doctors and/or c		
In the event an employee is absent from work as a result of Benefits do not begin until the eighth (8th) day of absence		
five (5) work days.	. Employees may choose to use any acci	ded leave for the mist
EMPLOYEE CHOICE - CHECK ONE		
USE ONLY HOURS OF LEAVE.		
USE ALL AVAILBLE LEAVE.		
USE ALL AVAILBLE LEAVE.		
DO NOT USE ANY PAID LEAVE.		
All information on this form is true and complete to the bes	st of my knowledge. I also have read and	understand CHOICE OF
PHYSICIAN and PAID LEAVE.	, ,	
Signature:		Date/ /
NAME &	SIGNATURE OF SUPERVISOR	
	nature:	
TO BE COMPLETED B	Y DISTRICT ADMINISTR	ATOR

Date Administrator Notified: / /

Date Submitted to Carrier: / /

Jeanette Revels Personnel Coordinator 361-694-9216 <u>361-694-9832</u> jrevels@flourbluffschools.net

DWC - FIRST REPORT OF INJURY/ILLNESS REV 8/9/2008

#### EMPLOYEE ACKNOWEDGMENT OF THE ALLIANCE DIRECT CONTRACTING PROGRAM

I have received information that tells me how to get health care under my employer's workers' compensation coverage. If I am hurt on the job and live in a service area described in this information, I understand that:

- 1. I must choose a treating doctor from the Alliance list of doctors designated as treating doctors.
- 2. I must go to my treating doctor for all health care for my injury. If I need a specialist, my treating doctor will refer me. If I need emergency care, I may go to any licensed medical professional within the United States.
- 3. Even though my treating doctor should refer me to a specialist of providers contracted with the Alliance, I understand that I need to verify that the referral doctor is a member of the Alliance provider panel.
- 4. The Texas Association of School Boards Risk Management Fund will pay the treating doctor and other Alliance providers for all health care related to my compensable injury.
- 5. I understand that my medical and/or income benefits may be disputed if I receive health care from a provider other than an Alliance provider without prior approval from the Fund.
- 6. Making a false or fraudulent workers' compensation claim is a crime that may result in fines and or imprisonment.

/ / Date

7. If I want to change doctors after my first choice, I can only choose from the Alliance list of providers. A third choice requires approval from my adjuster.

Signature	

I live at:

Street Address

City State Zip Code

Name of Employer: \_\_\_\_\_

Name of Direct Contracting Program: <u>Political Subdivision Workers' Compensation Alliance (the</u> <u>Alliance)</u>

Direct contracting service areas are subject to change. To locate a treating doctor within your area, visit the PSWCA web site at <a href="http://www.pswca.org">www.pswca.org</a> or call your adjuster at 800-482-7276.

#### To be completed by the employer only

Please indicate whether this is the:

Initial Employee Notification

 Injury Notification (Date of Injury:
 I
 I

#### DO NOT RETURN THIS FORM TO THE TASB RISK MANAGEMENT FUND UNLESS REQUESTED.

## EMPLOYEE NOTICE OF ALLIANCE REQUIREMENTS

#### **Important Contact Information**

To locate a provider, go to <u>www.pswca.org</u>.

To contact your adjuster at the TASB Risk Management Fund, visit <u>www.tasbrmf.org</u> or call (800) 482-7276.

#### Information, Instructions, Rights and Obligations

If you are injured at work, tell your supervisor or employer immediately. The information in this notice will help you to seek medical treatment for your injury. Your employer will also help with any questions about how to get treatment. You may also contact your adjuster at the TASB Risk Management Fund (the Fund) for any questions about treatment for a work related injury. The Fund is your employer's workers' compensation coverage provider and they are working with your employer to ensure you receive timely and appropriate health care. The goal is to return you to work as soon as it is safe to do so.

#### • How do I choose a treating doctor?

If you are hurt at work **and** you live in the Alliance service area, you are required to choose a treating doctor from the provider list. This is required for you to receive coverage of healthcare costs for your work related injury. A provider listing is available through the Alliance website at <u>www.pswca.org</u> and a link to that site is also contained on the Fund's website at <u>www.tasbrmf.org</u>. It identifies providers who are taking new patients.

If your treating doctor leaves the Alliance, we will tell you in writing. You will have the right to choose another treating doctor from the list of Alliance doctors. If your doctor leaves the Alliance and you have a life threatening or acute condition for which a disruption of care would be harmful to you, your doctor may request that you treat with him or her for an extra **90 days**.

#### • What if I live outside the service area?

If you believe you live outside of the service area, you may request a service area review by calling your adjuster.

#### How do I change treating doctors?

If you become dissatisfied with your first choice of a treating doctor, you can select an alternate treating doctor from the list of direct contract treating doctors in the service area where you live. The Fund will not deny a choice of an alternate treating doctor. **Before you can change treating doctors a second time, you must obtain permission from your adjuster.** 

#### How are treating doctor referrals handled?

Referrals for health care services that you or your doctor request will be made available on a timely basis as required by your medical condition. Referrals will be made **no later than 21 days** after the request. Your doctor should refer you to another Alliance provider unless it becomes medically necessary to make a referral outside of the Alliance. You do not have to get a referral if you are in need of emergency care.

#### Who pays for the healthcare?

Alliance providers have agreed to seek payment from the Fund for your health care. They should not request payment from you. If you obtain health care from a doctor who is not in the Alliance without prior approval from your adjuster, you may have to pay for the cost of that care and your income benefits may be disputed. You may treat with medical providers that are **not contracted** with the Alliance only if one of the following situations occurs:

- Emergencies: You should go to the nearest hospital or emergency care facility.
- You do not live within an Alliance service area.
- Your treating doctor refers you to a provider or facility outside of the Alliance. This referral must be approved by your adjuster.

## **EMPLOYEE NOTICE OF ALLIANCE REQUIREMENTS – PAGE 2**

#### How to File a Complaint

You have the right to file a complaint with the Alliance. You may do this if you are dissatisfied with any aspect of direct contract program operations. This includes a complaint about the program and/or your Alliance doctor. It may also be a general complaint about the Alliance. A complainant can notify the Alliance Grievance Coordinator of a complaint by phone, from the Alliance website <u>www.pswca.org</u> or in writing via mail or fax. Complaints should be forwarded to:

#### PSWCA (The Alliance) Attention: Grievance Coordinator P.O. Box 763 Austin, TX 78767-0763 866-997-7922

A complaint must be filed with the program grievance coordinator **no later than 90 days from the date the issue occurred**. Texas law does not permit the Alliance to retaliate against you if you file a complaint against the program. Nor can the Alliance retaliate if you appeal the decision of the program. The law does not permit the Alliance to retaliate against your treating doctor if he or she files a complaint against the program or appeals the decision of the program on your behalf.

#### What to do when you are injured on the job

If you are injured while on the job, tell your employer as soon as possible. A list of Alliance treating doctors in your service area may be available from your employer. A complete list of Alliance treating doctors is also available online at <u>www.pswca.org</u>. Or, you may contact us directly at the following address and/or toll-free telephone number:

#### TASB Risk Management Fund P.O. Box 2010 Austin, TX 78768 (800) 482-7276

#### In case of an emergency...

If you are hurt at work and it is a life threatening emergency, you should go to the nearest emergency room. If you are injured at work after normal business hours or while working outside your service area, you should go to the nearest care facility. After you receive emergency care, you may need ongoing care. You will need to select a treating doctor from the Alliance provider list. This list is available online at <u>www.pswca.org</u>. If you do not have internet access call (800) 482-7276 or contact your employer for a list. The doctor you choose will oversee the care you receive for your work related injury. Except for emergency care you must obtain all health care and specialist referrals through your treating doctor.

**Emergency care does not need to be approved in advance.** "Medical emergency" is defined in Texas laws. It is a medical condition that comes up suddenly with acute symptoms that are severe enough that a reasonable person would believe that you need immediate care or you would be harmed. That harm would include your health or bodily functions being in danger or a loss of function of any body organ or part.

# **EMPLOYEE NOTICE OF ALLIANCE REQUIREMENTS – PAGE 3**

#### Non-emergency care...

Report your injury to your employer as soon as you can. Select a treating doctor from the Alliance provider list. This list is available online at <u>www.pswca.org</u>. If you do not have internet access, call 800-482-7276 or contact your employer for a list.

#### **Treatments Requiring Advance Approval**

Certain treatments or services prescribed by your doctor need to be approved in advance. Your doctor is required to request approval from the TASB Risk Management Fund <u>before</u> the specific treatment or service is provided. For example, you may need to stay more days in the hospital than what was first approved. If so, the added treatment must be approved in advance.

The following non-emergency healthcare treatment requests must be approved in advance:

Inpatient hospital admissions
Outpatient Surgical or ambulatory surgical services
Spinal Surgery
All non-exempted work hardening
All non-exempted work conditioning
Physical or occupational therapy except for the first six (6) visits if those six visits were done within the first 2 weeks immediately following date of injury or date of surgery
Any investigational or experimental service
All psychological testing and psychotherapy
Repeat diagnostic studies greater than \$350.
All durable medical equipment (DME) in excess of \$500
Chronic pain management and interdisciplinary pain rehabilitation
Drugs not included in the TDI Division of Workers' Compensation Formulary
All narcotic medications dispensed greater than 60 days
Any treatment or service that exceeds the Official Disability Guidelines.

The number your doctor must call to request one of these treatments is 800-482-7276, ext. 6654. If a treatment or service request is denied, we will tell you in writing. This written notice will have information about your right to request a reconsideration or appeal of the denied treatment. It will also tell you about your right to request review by an Independent Review Organization through the Texas Department of Insurance.

Concentra			
EMPLOYER'S AUTHORIZATION FOR E (MUST PRESENT PHOTO ID A			
Yatient Name:	SSN:		
Company Name:	Date of Birth:		
Location:			
WORK-RELATED       INJURY       ILLNESS         Post-Accident Substance Abuse Testing:           Drug Screen        Breath Alcohol          Drug Screen and Breath Alcohol           Drug Screen and Breath Alcohol           DOT Regulated           Non-regulated	DOT PHYSICAL Preplacement Recertification Exit Audiogram Regulated Drug Screen Urine Collection Only Breath Alcohol		
PRE-PLACEMENT EVALUATION	SUBSTANCE ABUSE TESTING		
Job Title: Physical Exam HPE Regulated Drug Screen Non-regulated Drug Screen Urine Collection Only Hair Collection Audiogram SPECIAL PHYSICAL EXAMINATIONS Asbestos Respirator Hazmat Baseline Other	Regulated Non-regulated Urine Collection Only Rapid Test Pre-placement Reasonable Suspicion Random Periodic Post-accident Follow-up BILLING Employee to pay charges at time of service Workers' Compensation Insurance Co: Policy #: Phone #:		
Authorized By:			
Phone:	Date:		

# SAMPLE FORM TO ELECT LEAVE BENEFITS WITH WORKERS' COMPENSATION (NO OFFSET)

Name	Employee number
Position	Department/Campus

This employee is absent from duty because of a job-related illness or injury beginning on (*date of first absence attributable to illness or injury*). If eligible, workers' compensation insurance may begin paying a percentage of the employee's current wages on the eighth day of absence from duty if an extended absence is required.

District authorized signature	Date

#### **Employee choice:**

I am absent from duty because of a job-related illness or injury. I understand that I am not eligible for workers' compensation weekly income benefits until my absence exceeds seven calendar days. I also understand that the district will continue to pay its contribution toward the cost of my group health insurance coverage (if applicable) as long as I am on **paid** leave and/or family and medical leave (FMLA). I further understand that I will be responsible for paying all health insurance premiums if I am on **unpaid** leave that is not FMLA leave. I choose the following option:

- □ I choose to use only \_\_\_\_\_ days of available paid leave at this time.
- □ I choose to use all available paid leave. I understand that I will not receive workers' compensation weekly income benefits until I have exhausted all of my paid leave or to the extent that paid leave does not equal my pre-illness or -injury wage.
- □ I choose **not** to use any available paid leave at this time. I understand that I will not receive any regular salary payments from \_\_\_\_\_\_ISD while receiving weekly income benefits under workers' compensation. No available paid leave will be deducted from my leave balance. I further understand that by selecting this option, I will only receive workers' compensation wage benefits for any absences resulting from my work-related illness or injury, unless and until I communicate to the district a change in my decision.

Employee signature	Date
For Claims Reporting Purposes Only:	
<i>For all employees:</i> Amount of leave paid to employee: \$ Daily rate: \$	— For hourly employees only: Hourly rate: \$ — Number of hours paid:
Period of payment: from/ through for days <b>or</b> we	gh//

