

**Flour Bluff Independent School District  
School Health Advisory Council  
December 18, 2017**

The meeting was called to order at 4:21 p.m.

In attendance were: Ivonne Sandoval, Jeri Fletcher, Linda Barganski, Tracy Dennis, Bryant Gray, Sandra Martinez, Katelijne Acker, Melonie Shandy, Monette Bright, Pam Pailles, Patricia Johnson, Bill Robinson, Angela Scott, Lauren Pedrotti, Noah Earley

The welcome was given by Tracy Dennis.

Motion was made by Monette Bright and seconded by Patricia Johnson to approve last meetings' minutes. Motion passed.

**New Business:**

- What is SHAC? – Took turns reading each slide on handout
- Online Resources – Ms. Dennis showed the TEA website with Coordinated School Health and where it is located: [https://tea.texas.gov/Texas\\_Schools/Safe\\_and\\_Healthy\\_Schools/Coordinated\\_School\\_Health/Coordinated\\_School\\_Health\\_Requirements\\_and\\_Approved\\_Programs/](https://tea.texas.gov/Texas_Schools/Safe_and_Healthy_Schools/Coordinated_School_Health/Coordinated_School_Health_Requirements_and_Approved_Programs/)
- Nomination for Parent Co-Chair: Mr. Reyes. Committee unanimously voted for Mr. Reyes to serve as Parent Co-Chair
- TEA's statewide School Health Survey was shared.
- Fitness Subcommittee Minutes held on November 10, 2017 were presented.
- Activity: Districtwide Enrollment Extravaganza – Ms. Dennis discussed making enrollment a districtwide fun and engaging event for next year. Members wrote down ideas they would like to see at enrollment. Members grouped ideas by categories. Ideas were shared. Ms. Dennis discussed how these categories can be made into committees, and at the next SHAC meeting the group will continue developing the plan. The following are ideas shared:

Cooking demonstrations/ nutrition class	Fashion Show	Immunizations	DJ	Door prizes	PTA & other groups booths to educate about program
Grab –n- Go Recipes	Parade	Free athletic physicals	Face Painting/ Crafts for kids	HEB card & Bike giveaways	Local business booths
Food Samples from Cafeteria	Band, Choir, Orchestra Performance	Basic health checks (blood pressure, pulse, etc.)	Free child care at the event	Free school supplies	Low cost technology: phones, tablets, laptops, wifi
Nutrition and cooking ideas	Cheerleaders, Stingline & Mascots	Someone for glasses	Fun photo booth/ selfie station		Local newspaper and news channel reporting on event
“The Taste of Bluff” booths for local eaters	Booth to get school ID	Health Fair	Dance contest	Kids art to sell via auction	Local political representatives, such as Nueces County Commissioner Brent Chesney
Free Food, healthy food samples	Campus clubs & activities showcase	Local agencies to provide health information	Jumping house	Bids for marked parking space	Money management info
Education importance of fruits & vegetables	Demonstrations of district technology	Dentist for basic check	Water gun fight	Bid to be principal for the day	Bank for students to set up savings account
Farmer’s market	Meet the sports teams	Someone from CHIP	Zumba	School supply raffle	Local job opportunities
How to raise garden beds	Info on district’s special programs and afterschool programs	Bike safety	Sports Competitions: jump rope, hoops, etc	Auction off baskets with items donated by local businesses	Del Mar & TAMUCC booths

**Old Business:**

- Review SHAC Self-Assessment Results

A motion was made by Tracy Dennis to adjourn the meeting and the motion was seconded by Jeri Fletcher. Motion passed.

The meeting was adjourned at 5:08 p.m.