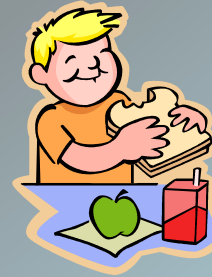




Meal Prices	
Breakfast	Free
Adult Breakfast	À la Carte
Kindergarten Lunch	\$2.10
1 st - 4 th Grade Lunch	\$2.35
Reduced Lunch	\$0.40
Adult Lunch	\$3.75



Hornet Café

Flour Bluff ISD School Nutrition
2018-2019
KINDER – 4th Grade Menu

À la Carte			
Breakfast Entrée	\$1.75 *	8 oz. Bottle Water	\$0.50
Lunch Entrée	\$2.50 *	16 oz Bottle Water	\$0.75
Vegetable or Fruit Side	\$1.00 *	Fruit 20 Bottle Water**	\$1.50
Milk	\$.075 *	*Students are allowed to purchase extra food items.	

SquareMeals.org



****Only available at Primary/Elementary**

Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.

Lunch Meal Deal: Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal).

Food Components:

1. Meat
2. Grain (all *Whole Grain*)
3. Fruit
4. Vegetable (Select up to 2 vegetables)
5. Milk

Payment options:

Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen.

Or you may log on to www.flourbluffschoools.net and click the lunch menu icon for online payment.

Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
French Toast w/Sausage Patty Assorted Cereal	Egg, Saus. & Cheese Biscuit Assorted Cereal	Blueberry Pancake Stick Assorted Cereal	Cinnamon Roll Assorted Cereal	Bkfst Taquito Assorted Cereal
Assorted Fresh Fruit Juice and Milk	Assorted Fresh Fruit, Juice and Milk	Assorted Fresh Fruit, Juice and Milk	Assorted Fresh Fruit, Juice and Milk	Assorted Fresh Fruit, Juice and Milk
Egg Omelet w/Saus. Links & Toast Assorted Cereal	Mini Pancake Sausage Bites Assorted Cereal	Donut Holes Assorted Cereal	Muffin Variety Assorted Cereal	Cini - Mini Assorted Cereal
Assorted Fresh Fruit Juice and Milk	Assorted Fresh Fruit, Juice and Milk	Orange Assorted Fresh Fruit, Juice and Milk	Assorted Fresh Fruit, Juice and Milk	Assorted Fresh Fruit, Juice and Milk

Free Breakfast Deal: Includes 3 food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Free Reimbursable Meal).

Food Components:

1. Grain (with optional meat allowed) all *Whole Grain*
2. Fruit/Vegetables (select up to two components)
3. Milk



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August 2018						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2018						
S	M	T	W	T	F	S
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October 2018						
S	M	T	W	T	F	S
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14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

November 2018						
S	M	T	W	T	F	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

December 2018						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Meat & Grain Component</i>	Cheese Pizza Hamburger Sunbutter Sandwich	Turkey & Gravy w/Sub Roll Lasagna w/ Sub Roll Ham & Cheese Sub Sandwich	Chicken Strips w/Ginger TX Frito Pie Chef Salad	Pulled Pork Sandwich w/Chips & Pickle Spear Cheese Sticks Chicken Salad	Chicken Alfredo w/Pasta & Sub Roll Chicken Nuggets w/Sub Roll Turkey & Cheese Croissant
<i>Vegetable & Fruit Component</i>	Savory Loops ■ Celery Sticks ■ Side Salad Diced Pears ■ Assorted Fresh Fruit	Mashed Potatoes ■ Italian Veggies ■ Spinach Salad Assorted Applesauce Cups ■ Assorted Fresh Fruit	Vegetable Soup ■ Mini Carrots ■ Romaine Salad Mandarin Oranges ■ Assorted Fresh Fruit ■ 2 oz. Grain Dessert	Coleslaw ■ Baked Beans ■ Crinkle Cut Fries Fruit Cocktail ■ Assorted Fresh Fruit	Steamed Broccoli ■ Green Peas ■ Spring Salad Fruit Cup ■ Fruit of the Week
<i>Meat & Grain Component</i>	Pepperoni Pizza Philly Steak & Cheese Sub Sandwich Sunbutter Sandwich	Three Cheese Enchiladas w/Spanish Rice Chicken Drum Stick w/Biscuit Ham & Cheese Sub Sandwich	Spaghetti w/Sub Roll Mini Corn Dog Bites Tuna Salad	Fish Wedge w/Mac & Cheese Cherry Blossom Chicken w/Rice Chef Salad	Fiesta Beef, Bean & Cheese Burrito Chicken Burger Turkey & Cheese Croissant
<i>Vegetable & Fruit Component</i>	Broccoli Bites ■ Potato Spud ■ Garden Salad Diced Pears ■ Assorted Fresh Fruit	Mexicali Corn ■ Green Beans ■ Spinach Salad Assorted Applesauce Cups ■ Assorted Fresh Fruit	Malibu Veggie Blend ■ Sliced Cucumber ■ Romaine Salad Diced Peaches ■ Assorted Fresh Fruit ■ 2 oz. Grain Dessert	Potato Soup ■ Corn on the Cob ■ Spring Salad Pineapple Tidbits ■ Assorted Fresh Fruit	Side Winder Potatoes ■ Seasoned Beans ■ Side Salad Fruit Cup ■ Fruit of the Week

Milk Component: Choice of Fat Free Chocolate, 1% White Milk, Skim Milk served daily

Note: Menu subject to change without notice - Peanut Substitute items on menu

White Box = No School

January 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
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20	21	22	23	24	25	26
27	28	29	30	31		

February 2019						
S	M	T	W	T	F	S
					1	2
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

March 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

April 2019						
S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2019						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	