aetna®

**Flour Bluff Independent School District – HDHP Plan**
Proposed Effective Date: 01-01-2019
**Aetna Choice® HDHP**

**PLAN DESIGN & BENEFITS**
**ADMINISTERED BY AETNA LIFE INSURANCE COMPANY - SELF FUNDED**

| PLAN FEATURES | IN-NETWORK | OUT-OF-NETWORK |
|---|---|---|
| **Deductible** (per calendar year) | $4,000 Individual<br>$8,000 Family | $12,000 Individual<br>$24,000 Family |
| All covered expenses accumulate separately toward the preferred or non-preferred Deductible.<br>Unless otherwise indicated, the deductible must be met prior to benefits being payable.<br>Member cost sharing for certain services, as indicated in the plan, are excluded from charges to meet the Deductible.<br>Pharmacy expenses do not apply towards the Deductible.<br>The family Deductible is a cumulative Deductible for all family members. The family Deductible can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Deductible amount. | | |
| **Member Coinsurance** | 100% | 100% |
| Applies to all expenses unless otherwise stated. | | |
| **Payment Limit** (per calendar year) | $4,000 Individual<br>$8,000 Family | $12,000 Individual<br>$24,000 Family |
| All covered expenses accumulate separately toward the preferred or non-preferred Payment Limit.<br>Only those out-of-pocket expenses resulting from the application of coinsurance percentage, copays, and deductibles (except any penalty amounts) may be used to satisfy the Payment Limit.<br>Pharmacy expenses apply towards the Payment Limit.<br>The family Payment Limit is a cumulative Payment Limit for all family members. The family Payment Limit can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Payment Limit amount. | | |
| **Lifetime Maximum** | | |
| Unlimited except where otherwise indicated. | | |
| **Primary Care Physician Selection** | Optional | Not Applicable |
| **Certification Requirements -** | | |
| Certification for certain types of Non-Preferred care must be obtained to avoid a reduction in benefits paid for that care.<br>Certification for Hospital Admissions, Treatment Facility Admissions, Convalescent Facility Admissions, Home Health Care, Hospice Care and Private Duty Nursing is required - excluded amount applied separately to each type of expense is $400 per occurrence. | | |
| **Referral Requirement** | None | None |
| **PREVENTIVE CARE** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Routine Adult Physical Exams/ Immunizations** | Covered 100%; deductible waived | 100%; after deductible |
| 1 exam every 12 months for members age 22 to age 65; 1 exam every 12 months for adults age 65 and older. | | |
| **Routine Well Child Exams/Immunizations** | Covered 100%; deductible waived | 100%; after deductible |
| 7 exams in the first 12 months of life, 3 exams in the second 12 months of life, 3 exams in the third 12 months of life, 1 exam per year thereafter to age 22. | | |
| **Routine Gynecological Care Exams** | Covered 100%; deductible waived | 100%; after deductible |
| Recommended: One exam per calendar year. Includes routine tests and related lab fees. | | |
| **Routine Mammograms** | Covered 100%; deductible waived | 100%; after deductible |
| Recommended: One per calendar year for covered females age 50 and over | | |
| **Women's Health** | Covered 100%; deductible waived | 100%; after deductible |
| Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling.<br>Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply. | | |

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| **Routine Digital Rectal Exam**<br>Recommended: For covered males age 40 and over. | Covered 100%; deductible waived | 100%; after deductible |
| **Prostate-specific Antigen Test**<br>Recommended: For covered males age 40 and over. | Covered 100%; deductible waived | 100%; after deductible |
| **Colorectal Cancer Screening**<br>Recommended: For all members age 50 and over. | Covered 100%; deductible waived | 100%; after deductible |
| **Routine Eye Exams**<br>1 routine exam per 24 months. | Covered 100%; deductible waived | Not Covered |
| **Routine Hearing Screening** | Covered 100%; deductible waived | 100%; after deductible |
| **PHYSICIAN SERVICES** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Office Visits to Non-Specialist**<br>Includes services of an internist, general physician, family practitioner or pediatrician. | 100%; after deductible | 100%; after deductible |
| **Specialist Office Visits** | 100%; after deductible | 100%; after deductible |
| **Audiometric Hearing Exam** | Not Covered | Not Covered |
| **Pre-Natal Maternity** | Covered 100%; deductible waived | Covered according to standard claim practice. |
| **Walk-in Clinics**<br>Walk-in Clinics are network, free-standing health care facilities. They are an alternative to a physician's office visit for treatment of unscheduled, non-emergency illnesses and injuries and the administration of certain immunizations. It is not an alternative for emergency room services or the ongoing care provided by a physician. Neither an emergency room, nor the outpatient department of a hospital, shall be considered a Walk-in Clinic. | 100%; after deductible | Not Covered |
| **Allergy Testing** | Your cost sharing is based on the type of service and where it is performed | Your cost sharing is based on the type of service and where it is performed |
| **Allergy Injections** | Your cost sharing is based on the type of service and where it is performed | Your cost sharing is based on the type of service and where it is performed |
| **DIAGNOSTIC PROCEDURES** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Diagnostic X-ray**<br>(other than Complex Imaging Services)<br>If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing. | 100%; after deductible | 100%; after deductible |
| **Diagnostic Laboratory**<br>If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing. | 100%; after deductible | 100%; after deductible |
| **Diagnostic Complex Imaging** | 100%; after deductible | 100%; after deductible |
| **EMERGENCY MEDICAL CARE** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Urgent Care Provider** | 100%; after deductible | 100%; after deductible |
| **Non-Urgent Use of Urgent Care Provider** | Not Covered | 100%; after deductible |
| **Emergency Room** | 100% after deductible | Same as in-network care |
| **Non-Emergency Care in an Emergency Room** | Not Covered | Not Covered |
| **Emergency Use of Ambulance** | 100%; after deductible | Same as in-network care |
| **Non-Emergency Use of Ambulance** | Not Covered | Not Covered |
| **HOSPITAL CARE** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Inpatient Coverage**<br>Your cost sharing applies to all covered benefits incurred during your inpatient stay. | 100%; after deductible | 100%; after deductible |

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| **Inpatient Maternity Coverage** (includes delivery and postpartum care) | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your inpatient stay. | | |
| **Outpatient Hospital Expenses** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your outpatient visit. | | |
| **Outpatient Surgery - Hospital** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your outpatient visit. | | |
| **Outpatient Surgery - Freestanding Facility** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your outpatient visit. | | |
| **MENTAL HEALTH SERVICES** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Inpatient** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your inpatient stay. | | |
| **Outpatient** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your outpatient visit. | | |
| **SUBSTANCE ABUSE** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Inpatient** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your inpatient stay. | | |
| **Residential Treatment Facility** | 100%; after deductible | 100%; after deductible |
| **Outpatient** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your outpatient visit. | | |
| **OTHER SERVICES** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Skilled Nursing Facility** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your inpatient stay. | | |
| **Home Health Care** | 100%; after deductible | 100%; after deductible |
| Each visit by a nurse or therapist is one visit. Each visit up to 4 hours by a home health care aide is one visit. | | |
| **Hospice Care - Inpatient** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your inpatient stay. | | |
| **Hospice Care - Outpatient** | 100%; after deductible | 100%; after deductible |
| Your cost sharing applies to all covered benefits incurred during your outpatient visit. | | |
| **Private Duty Nursing** | Not Covered | Not Covered |
| **Outpatient Short-Term Rehabilitation** | 100%; after deductible | 100%; after deductible |
| Includes speech, physical, occupational therapy; limited to 100 visits per calendar year | | |
| **Spinal Manipulation Therapy** Limited to 100 visits per calendar year. | 100%; after deductible | 100%; after deductible |
| **Autism Behavioral Therapy** | Refer to MBH Outpatient Mental Health | Refer to MBH Outpatient Mental Health |
| Combined with outpatient mental health visits | | |
| **Autism Applied Behavior Analysis** | Not Covered | Not Covered |
| **Autism Physical Therapy** | 100%; after deductible | 100%; after deductible |
| Visits combined with Short Term Rehabilitation. | | |
| **Autism Occupational Therapy** | 100%; after deductible | 100%; after deductible |
| Visits combined with Short Term Rehabilitation. | | |

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| **Autism Speech Therapy**<br>Visits combined with Short Term Rehabilitation. | 100%; after deductible | 100%; after deductible |
| **Durable Medical Equipment** | 100%; after deductible | 100%; after deductible |
| **Diabetic Supplies** | Covered same as any other medical expense. | Covered same as any other medical expense. |
| **Generic FDA-approved Women's Contraceptives** | Covered 100%; deductible waived | Covered same as any other expense. |
| **Contraceptive drugs and devices not obtainable at a pharmacy** | Covered 100%; deductible waived | Covered same as any other medical expense. |
| **Vision Eyewear** | Not Covered | Not Covered |
| **Transplants** | 100%; after deductible<br>Preferred coverage is provided at an IOE contracted facility only. | 100%; after deductible<br>Non-Preferred coverage is provided at a Non-IOE facility. |
| **Bariatric Surgery** | Not Covered | Not Covered |
| **FAMILY PLANNING** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Infertility Treatment**<br>Diagnosis and treatment of the underlying medical condition only. | Your cost sharing is based on the type of service and where it is performed | Your cost sharing is based on the type of service and where it is performed |
| **Comprehensive Infertility Services**<br>Artificial insemination and ovulation induction | Not Covered | Not Covered |
| **Advanced Reproductive Technology (ART)**<br>In-vitro fertilization (IVF), zygote intrafallopian transfer (ZIFT), gamete intrafallopian transfer (GIFT), cryopreserved embryo transfers, intracytoplasmic sperm injection (ICSI), or ovum microsurgery | Not Covered | Not Covered |
| **Vasectomy** | Your cost sharing is based on the type of service and where it is performed | Your cost sharing is based on the type of service and where it is performed |
| **Tubal Ligation** | Covered 100%; deductible waived | Your cost sharing is based on the type of service and where it is performed |
| **PHARMACY** | **IN-NETWORK** | **OUT-OF-NETWORK** |
| **Pharmacy Plan Type** | Not administered by Aetna | |
| **Generic Drugs** | | |
| **Retail** | Not Applicable | Not Applicable |
| **Mail Order** | Not Applicable | Not Applicable |
| **Brand-Name Drugs** | | |
| **Retail** | Not Applicable | Not Applicable |
| **Mail Order** | Not Applicable | Not Applicable |
| **Pharmacy Day Supply and Requirements** | | |
| **Retail** | Not Applicable | |
| | Not Applicable | |
| **Mail Order** | Not Applicable | |
| **Premier Plus Specialty** | Not Applicable | |
| | Not Applicable | |

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## GENERAL PROVISIONS

**Dependents Eligibility** Spouse, children from birth to age 26 regardless of student status.

Plans are provided by: Aetna Life Insurance Company. While this material is believed to be accurate as of the production date, it is subject to change.

Health benefits and health insurance plans contain exclusions and limitations. Not all health services are covered.

See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

• All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
• Cosmetic surgery, including breast reduction.
• Custodial care.
• Dental care and dental X-rays.
• Donor egg retrieval
• Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
• Hearing aids
• Home births
• Immunizations for travel or work, except where medically necessary or indicated.
• Implantable drugs and certain injectable drugs including injectable infertility drugs.
• Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
• Long-term rehabilitation therapy.
• Non-medically necessary services or supplies.
• Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
• Radial keratotomy or related procedures.
• Reversal of sterilization.
• Services for the treatment of sexual dysfunction/enhancement, including therapy, supplies or counseling or prescription drugs.
• Special duty nursing.
• Therapy or rehabilitation other than those listed as covered.
• Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

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Aetna receives rebates from drug manufacturers that may be taken into account in determining Aetna's Preferred Drug List. Rebates do not reduce the amount a member pays the pharmacy for covered prescriptions. Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a licensed pharmacy subsidiary of Aetna Inc., that operates through mail order. The charges that Aetna negotiates with Aetna Rx Home Delivery may be higher than the cost they pay for the drugs and the cost of the mail order pharmacy services they provide. For these purposes, the pharmacy's cost of purchasing drugs takes into account discounts, credits and other amounts that they may receive from wholesalers, manufacturers, suppliers and distributors.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.

Translation of the material into another language may be available. Please call Member Services at **1-888-982-3862.** Puede estar disponible la traduccion de este material en otro idioma. Por favor llame a Servicios al Miembro al **1-888-982-3862.**

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **www.aetna.com.**