

**Flour Bluff Independent School District
School Health Advisory Council
December 11, 2018**

The meeting was called to order at 4:15 p.m.

In attendance were: Margaret Barnech, Roxann Steinbruck, Nicole Dowd, Susan Hobbs, Alyssa Hernandez, Bill Robinson, Janet Daniel, Kristen LaBaume, Jennifer McCormick, Linda Barganski, Irene Reyes, Bryant Gray, Sandra Martinez, Joseph Reyes, Norma Fisher, Shannon Gillespey, Diana Johnson, Belinda Rjasko, Hannah Gillespey, Staci Cade, Dawn Evans, Elizabeth Jackson, Carol Ann Ethier, Brittany Buchanan, Gina Valdez, Wendy Lewis, Luke Tschritter, Katie Fry, & Nora Bransom

The welcome was given by Linda Barganski. Motion was made by Bill Robinson and seconded by Mrs. LaBaume to approve last meetings' minutes. Motion passed.

Introductions were made for new attendees.

New Business:

- Mental Health & Intellectual Disabilities (MHID)
Vanessa Morales & Brandalyn Haggerty
Presented how they work with the district. How to use their services. Screening is done and an assessment determines the level of care needed. Services range from a couple of months to about three years. Pamphlets were handed out regarding crises hotline.
- Purple Door (Women's Shelter)
Nora Bransom
Provides services for victims of domestic and sexual violence in the community. Provide services for men, women, and children. Provide more than just shelter. Safety planning, provide legal assistance, counseling services and community education. Offices in Alice, Beeville, and Sinton. Provide sexual assault services (be with them at the hospital) Main goal is to help victims go from victims to survivors.
- Health Beat
Dawn Evans
Spoke about Physical Education and Brain Break at the Intermediate. On a mission to find activities that are geared towards this age group. Looking for suggestions that are 15 minutes long with minimal teacher involvement. Suggestions were made. Dawn's email was given out for future ideas and suggestions.

- Social Services
Bryant Gray
Social worker for the district. Gave a hand-out. Provides health education and anger management for students. Also coordinates a mentor program. Believes if the students have the information they can make better and informed choices. Questions were answered.
- Physical Wellness
Janet Daniels
FitnessGram - teaches kids about physical education and tests. Students are tested starting in third grade. Teaches kids not to be afraid of the testing. Program started to help kids develop a life time of love for fitness. The state compares the information entered between regions.
- District Nutrition
Gina Valdez & Brittany Buchanan
Touched on our Wellness Policy. Wellness representative for the campus – needs to know the answers for questions regarding selling items for clubs etc. Only six days allowed per school year. Items have to be approved. Questions were answered. Wellness policy will be emailed out.

Old Business:

- Communication Tool – will be discussed at the February 12, 2019 meeting

Meeting dates: Next Meeting February 12, 2019

Adjourn

Joseph Reyes motioned to adjourn meeting and Jennifer McCormick seconded – 5:15 p.m.