

# Flour Bluff ISD

## Base Menu Spreadsheet

### Portion Values - Detailed

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Sep 10, 2018 thru Sep 21, 2018

Primary/Elementary Breakfast

Generated on: 8/7/2018 8:55:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Mon - 09/10/2018</b>																
Primary/Elementary Breakfas	Total	800														
FRENCH TOAST W/SAUS (K-12)	3 EACH +1	450	230	60	530	3.25	0.54	970.0	10450	1.2	11	15.0	30.0	8.5	2.50	0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (B & G.A)	1 EACH	450	95	0	0	4.50	0.36	10.0	102	10.5	19	0.5	25.5	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
Weighted Daily Average			457	*44	577	*5.23	*4.27	*963.4	8735	21.10	54	20.13	82.75	*7.66	*2.56	*0.00
% of Calories											47.0%	17.6%	72.4%	*15.1%	*5.0%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
<b>Tue - 09/11/2018</b>																
Primary/Elementary Breakfas	Total	800														
BISCUIT, EGG, CHEESE & SAU SAGE	1G+1E+1 C+1S	450	411	*62	1023	*1.99	2.33	342.3	*134	*1.2	*6	21.22	31.79	22.71	8.47	*0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (O & R.A)	1 EACH	450	75	0	1	3.00	*N/A*	*N/A*	70	*N/A*	14	1.0	19.0	0.0	0.00	0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
ASSORTED JELLY	1 PKG	450	35	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	8	0.0	9.0	0.0	0.00	0.00
Weighted Daily Average			567	*45	855	*3.68	*5.08	*604.7	*2914	*15.19	*53	23.90	85.16	*15.65	*5.92	*0.00
% of Calories											*37.3%	16.9%	60.0%	*24.8%	*9.4%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Flour Bluff ISD

## Base Menu Spreadsheet

### Portion Values - Detailed

Page 2

Sep 10, 2018 thru Sep 21, 2018

Primary/Elementary Breakfast

Generated on: 8/7/2018 8:55:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 09/12/2018																
Primary/Elementary Breakfas	Total	800														
PANCAKE WRAP, BB TR/PK 2.51 OZ	1 EACH	450	210	20	371	1.00	1.08	20.0	50	0.0	8	6.01	20.05	11.02	3.01	0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (B & G.A)	1 EACH	450	95	0	0	4.50	0.36	10.0	102	10.5	19	0.5	25.5	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
SYRUP PANCAKE CUP	1 EACH	25	119	0	30	0.00	0.00	0.0	45	0.0	22	0.0	29.67	0.0	0.00	0.00
Weighted Daily Average % of Calories			450	*21	489	*3.97	*4.58	*429.1	2887	20.43	53 47.0%	15.07 13.4%	78.08 69.5%	*9.08 *18.2%	*2.85 *5.7%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

Thu - 09/13/2018																
Primary/Elementary Breakfas	Total	800														
CINNAMON ROLL W/GLAZE (K-4)	1 ROLLS	450	109	*0	*70	*2.00	*0.72	*0.0	*100	*N/A*	9	*2.0	23.09	0.72	0.65	*0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (O & R.A)	1 EACH	450	75	0	1	3.00	*N/A*	*N/A*	70	*N/A*	14	1.0	19.0	0.0	0.00	0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
Weighted Daily Average % of Calories			378	*10	*319	*3.69	*4.17	*412.2	*2895	*14.52	50 52.8%	*13.09 *13.9%	75.21 79.7%	*3.28 *7.8%	*1.52 *3.6%	*0.00 *0.0%
Nutrient Guideline			400-500		540											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Sep 10, 2018 thru Sep 21, 2018

Primary/Elementary Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 09/14/2018																
Primary/Elementary Breakfas	Total	800														
TAQUITO, EGG, BACON	1 TAQUIT O (#12)	450	216	*230	436	1.89	1.41	39.1	*317	*0.0	*1	13.94	15.18	11.4	2.93	*0.00
TAQUITO, EGG, SAUSAGE	1 TAQUIT O (#12)	1	188	*219	349	1.77	1.62	48.6	*338	*0.0	*1	10.34	13.37	10.26	3.83	*0.00
TAQUITO,EGG CHORIZO SAU SAGE	1 TAQUIT O (#12)	1	187	*224	257	2.20	1.85	45.3	*302	*0.0	*1	11.97	15.8	8.45	3.40	*0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (B & G.A)	1 EACH	450	95	0	0	4.50	0.36	10.0	102	10.5	19	0.5	25.5	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
SAUCE, TACO PKG	2 EACH	100	11	0	215	0.00	0.00	0.0	11	0.0	2	0.0	2.27	0.0	0.00	0.00
Weighted Daily Average			451	*140	552	*4.47	*4.76	*439.9	*3038	*20.43	*48	19.56	74.73	*9.31	*2.81	*0.00
% of Calories											*43.0%	17.4%	66.3%	*18.6%	*5.6%	*0.0%
Nutrient Guideline			400-500		540											<10.00

Mon - 09/17/2018																
Primary/Elementary Breakfas	Total	800														
EGG, CHEESE OMELET W/ TS T/LK	1+GR+LK	450	293	235	722	*2.29	2.43	177.2	*420	*0.0	*0	21.54	*17.09	16.23	4.98	*0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (O & R.A)	1 EACH	450	75	0	1	3.00	*N/A*	*N/A*	70	*N/A*	14	1.0	19.0	0.0	0.00	0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
ASSORTED JELLY	1 PKG	200	35	0	0	0.00	*N/A*	*N/A*	*N/A*	*N/A*	8	0.0	9.0	0.0	0.00	0.00

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### Portion Values - Detailed

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Primary/Elementary Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average % of Calories			490	*142	686	*3.85	*5.13	*511.8	*3075	*14.52	*47 *38.2%	24.08 19.7%	*74.08 *60.5%	*12.00 *22.1%	*3.96 *7.3%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 09/18/2018																
Primary/Elementary Breakfasts	Total	800														
PANCAKE, MAPLE MINI WRAP S-K-4	4 PIECES	450	240	33	373	4.00	2.40	26.7	*N/A*	*N/A*	5	8.0	20.0	12.0	3.33	*N/A*
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (B & G.A)	1 EACH	450	95	0	0	4.50	0.36	10.0	102	10.5	19	0.5	25.5	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
SYRUP PANCAKE CUP	1 EACH	200	119	0	30	0.00	0.00	0.0	45	0.0	22	0.0	29.67	0.0	0.00	0.00
Weighted Daily Average % of Calories			492	*29	497	*5.66	*5.32	*432.8	*2868	*20.43	56 45.6%	16.19 13.2%	84.54 68.7%	*9.62 *17.6%	*3.03 *5.5%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 09/19/2018																
Primary/Elementary Breakfasts	Total	800														
DONUT HOLE WG W/H. GLAZE	6 BITES	450	286	*N/A*	300	*2.00	*1.44	*11.5	*N/A*	*N/A*	7	*4.0	31.42	*16.0	*7.00	*N/A*
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (O & R.A)	1 EACH	450	75	0	1	3.00	*N/A*	*N/A*	70	*N/A*	14	1.0	19.0	0.0	0.00	0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*

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Weighted Daily Average % of Calories			477	*10	449	*3.69	*4.57	*418.6	*2839	*14.52	49 41.1%	*14.22 *11.9%	79.89 67.0%	*11.87 *22.4%	*5.09 *9.6%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 09/20/2018																
Primary/Elementary Breakfasts	Total	820														
MUFFIN, ASSORTED	1 MUFFIN	450	238	33	148	2.39	1.05	29.7	69	1.18	19	4.16	40.93	6.83	0.64	*0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (B & G.A)	1 EACH	450	95	0	0	4.50	0.36	10.0	102	10.5	19	0.5	25.5	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*
Weighted Daily Average % of Calories			450	*28	353	*4.63	*4.44	*423.9	2825	20.58	57 50.7%	13.69 12.2%	86.73 77.0%	*6.55 *13.1%	*1.48 *3.0%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 09/21/2018																
Primary/Elementary Breakfasts	Total	800														
CINNAMON ROLL MINI IW	1 EACH	450	240	0	299	2.00	1.44	20.0	75	0.0	15	4.99	39.93	6.99	2.00	0.00
CEREAL, ASSORTED (K-12)	1 EACH	350	224	*1	319	2.00	8.52	100.0	996	11.95	19	2.99	48.79	*3.0	*0.50	*0.00
FRUIT FRESH ASSORTED (O & R.A)	1 EACH	450	75	0	1	3.00	*N/A*	*N/A*	70	*N/A*	14	1.0	19.0	0.0	0.00	0.00
FRUIT JUICE, VARIETY	1 CARTON	350	60	*N/A*	3	*N/A*	*0.09	*5.0	60	15.0	12	0.0	13.5	0.0	*N/A*	*N/A*
MILK, BOTTLED FF SKIM	8 OZ	10	80	5	125	*N/A*	0.00	300.0	500	2.4	12	8.0	12.0	0.0	*N/A*	*N/A*
MILK BOTTLED 1 % LOWFAT	8 OZ	300	100	10	125	*N/A*	0.00	300.0	5050	2.4	12	8.0	12.0	2.5	1.50	*N/A*
MILK BOTTLED CHOCOLATE F F 8OZ	8 OZ	500	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	*N/A*	*N/A*	*N/A*
MILK BOTTLED 1 % STRAWBE RRY	8 OZ	200	170	10	110	*N/A*	0.00	250.0	500	1.2	30	8.0	31.0	2.5	1.50	*N/A*

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Flour Bluff ISD

Base Menu Spreadsheet

Portion Values - Detailed

Page 6

Sep 10, 2018 thru Sep 21, 2018

Primary/Elementary Breakfast

Generated on: 8/7/2018 8:55:44 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average			451	*10	448	*3.68	*4.57	*423.4	2881	*14.52	53	14.78	84.68	*6.81	*2.28	*0.00
% of Calories						47.2%	13.1%	75.1%	*13.6%	*4.5%	*0.0%					
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			466	*48	*523	*4.26	*4.69	*506.0	*3496	*17.62	*52	*17.47	*80.58	*9.18	*3.15	*0.00
						*100.4	*15.0%	*69.1%	*17.7%	*6.1%	*0.0%					

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	466		400 - 500	100%				
Cholesterol (mg)	48				Missing			
Sodium 1 (mg)	523		540		Missing			
Sodium 2 (mg)	523		485		Missing		38	Correction Required - Sodium too High
Fiber (g)	4.26				Missing			
Iron (mg)	4.69				Missing			
Calcium (mg)	506.0				Missing			
Vitamin A (IU)	3496				Missing			
Sugars (g)	52	44.60%			Missing			
Vitamin C (mg)	17.62				Missing			
Protein (g)	17.47	14.99%			Missing			
Carbohydrate (g)	80.58	69.14%			Missing			
Total Fat (g)	9.18	17.73%			Missing			
Saturated Fat (g)	3.15	6.08%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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