

**Flour Bluff Independent School District
School Health Advisory Council
February 12, 2019**

The meeting was called to order at 4:15 p.m.

In attendance were: Margaret Barnech, Nikol Youngberg, Roxann Steinbruck, Nicole Dowd, Bill Robinson, Kristen LaBaume, Linda Barganski, Bryant Gray, Marcella Gutierrez, Sandra Martinez, Joseph Reyes, Shannon Gillespey, Madisyn Barganski, Hannah Gillespey, Staci Cade, Dawn Evans, Elizabeth Jackson, Carol Ann Ethier, Brittany Buchanan, Gina Valdez, Wendy Lewis, and Luke Tschritter.

The welcome was given by Linda Barganski. Motion was made by Joseph Reyes and seconded by Margaret Barnech to approve last meetings' minutes. Motion passed.

Introductions were made for new attendees.

New Business:

- Aim for Success – Webinar – Ms. Lori Kuykendall

A non-profit youth health education organization. Have been active in the greater Corpus Christi area for about 22 years. Have bullying prevention programs, drug and alcohol prevention programs, sexuality and abstinence programs as well. They have a team of live certified speakers with interactive presentations available. Flyers and pamphlets were available at the meeting. Locations were shared with the committee members of where their presentations would be held live in our area in the next coming weeks.

- Alateen – Kelly Harris

Packet was passed out. Alateen was approved in 2016 and she is here to share updates. All Alateen members are in groups and are there to recover from the effects of addiction and alcohol abuse in their families. The groups are all teenagers and two adults who are certified. Students often have anxiety, resort to cutting, and other behavioral issues. Gives them coping skills. Brought DVDs to hand out if anyone was interested.

District Presentations

- District Nutrition – Gina Valdez & Brittany Buchanan

Wellness Plan – Copy of board policy was handed out. SHAC shall review and make updates on a regular basis. Goals were reviewed and discussed. Working with Kim Sneed's office to get the nutritional analysis on the website. Suggestions may be sent to Dr. Barganski and she will put it in a board report.

Old Business:

- none

Meeting dates: Next Meeting April 16, 2019 – last one for the school year

Adjourn

Brittany Buchanan motioned to adjourn meeting and Joseph Reyes seconded – 5:25 p.m.