

Health & Advisory Committee  
& Safe and Drug Free Schools Committee Minutes  
January 20, 2014

Meeting called to order at 4:00 p.m.

In attendance were: Inez Matthijez, Molly Nichols, Robert Connor, Brian Scholz, Veronica Villarreal, Aida Regalado, Kristen LaBaume, Carrie Long, Melanie Paul, Kristina Richter, Sister Begonia Divinagracia, Gina Valdez, Stacy Dial, Cheryl Cannon, Linda Barganski, Sandra Davila, Mary Welch, Bryant Gray, Sandra Martinez, Erika De La Paz, Anna Gonzalez, Pearl Adkinson.

Introductions were started by Cheryl Cannon.

Motion was passed by Bryant Gray and Molly Nichols to approve last meetings' minutes.

Presentations were given as follows:

1. Presentation by Anna Gonzalez from Christus Health Plan/TX Medicaid/CHIP Outreach. Christus Health Plan is contracted through the Health & Human Services Commission to provide information about their health plan. They are a Medicare managed health plan so when a family is eligible for this, they are mandated by the State of Texas to sign up. There are three different health plans in Nueces County that a family could be eligible for: Christus Health Plan, Driscoll Health Plan, and Superior Health Plan. Programs available through the Christus Health Plan include the Promise Program, which is to assist pregnant women/teens, and the Migrant program, which reaches out to migrant families to make sure their children are getting the health care and dental care they need, just to name a few. They are making sure to go out into the community and give presentations in order to provide information to those who may qualify for the programs. There is an agency called Maximus that serves as the enrollment broker. They are the ones to educate clients about the different health plans in the county and on how to find a doctor. Once the client chooses a health plan, then that is when Christus Health Plan steps in. Case Management is available for those clients that are in need of specific services like specialists for special conditions. A medical transportation program is also available for those clients that require a way to get to their appointments. This includes gas vouchers, mileage reimbursement or the use public transportation. Another program, The Texas Women's Health Program, is available to women 18-44 years of age that are not eligible for Medicaid and do not have private health insurance through their employer. Christus Health also participates in the CHIP Program. Once the client becomes eligible for this program, they are covered for a year before they have to renew. Renewal is required every year. The Chip Perinatal program is for women of immigration status that are pregnant and do not qualify for Medicaid. It covers their prenatal visits, labor and delivery, and check-ups for the baby once it is born.
2. Presentation by Pearl Adkinson from DentaQuest. DentaQuest is one of two dental health administrators through the Health & Human Services Commission. Once a family qualifies for Medicaid or Chip, they will not only have the option to select a health plan, but they will have the option to select a dental plan as well. This program covers statewide from the moment children qualify for Medicaid up until age 20 or Chip up until age 18. They have a partnership with different health plans to cover some adults. For example, they've partnered with Driscoll Health Plan to cover pregnant mothers and also with Superior Health Plan to cover their disabled, blind members, etc. DentaQuest is really big on providing pro-dentistry and providing

- children with information on proper dental care so that in the long run, they do not have to have more costly and serious dental procedures done. Families are actually able to lose their Medicare or CHIP entitlement if they are not being compliant with taking their children to their dental appointments. DentaQuest participates in pre-natal classes to provide oral health education. They also offer case management services for special cases or any travel arrangements that need to be done through Medicaid. Children of Migrant status are also urged to attend their dental appointments since they are the most susceptible to missing them as they move around a lot. DentaQuest makes sure to contact migrant families and help them the most they can to get them in to their appointments.
3. Motion carried by Gina Valdez and Brian Scholz to approve Christus Health Plan/TX Medicaid/CHIP Outreach as a program within Flour Bluff ISD.
  4. Motion carried by Molly Nichols and Kristina Richter to approve DentaQuest as a program within Flour Bluff ISD.
  5. Video Review of “Body Story – Breaking Down” for the Junior High campus done by Molly Parker and Molly Nichols. This video talks about the body and how it works. Some comments included: The video was a little long, the narrator had a monotone voice, and that the video was in VHS form. Both reviewers agreed that it would be appropriate for students at the Junior High campus. Aida Regalado (parent) will review the video.
  6. Presentation by Cheryl Cannon regarding Physical Activity & Fitness Planning Subcommittee Report. The subcommittee met on December 16, 2013 for the first time. They established a council at the last Health Advisory Meeting. Every Physical Education teacher met on in-service day (January 20, 2014) with Coach McMinn to go over the student fitness plan that was discussed at the subcommittee meeting. The main topic that was discussed was how to get students to be more active indoors. They were working on the [ActionForHealthyKids.org](http://ActionForHealthyKids.org) website that was sent to all the members. It was asked of the Physical Education teachers to share this information at faculty meetings. There was a toolkit found on the website that allows for students to stay active during “cold and rainy” days at school instead of watching a video in the classroom. It is called “Indoor Recess Activities”. They’ve been working district-wide on revamping the wellness program. Students in grades 3-12 are required to enroll in a physical education course. FitnessGram 8.0 is the program currently being used. The state will be releasing a new 10.0 version that is going to be web-based. We will switch over to that once it is released. We provide 20 minutes of recess per day, but that only goes through 4<sup>th</sup> grade (not counted as a P.E. class). At the end of the year we have to evaluate our program and submit it to TEA.

Floor Open for discussion.

February is Teen Dating and Violence Awareness Prevention Month. Erika de la Paz from the Women’s Shelter will be sending information over to Cheryl Cannon to pass out at the High School campus.

Meeting concluded at 4:58 p.m.