

Health & Advisory Committee  
& Safe and Drug Free Schools Committee Minutes  
March 17, 2014

Meeting called to order at 4:01 p.m.

In attendance were: Kristina Richter, Janet Daniel, Natalie Barganski, Sister Begoña Divinagracia, Edgar VanGeem, Gina Valdez, Stacey Dial, Cheryl Cannon, Linda Barganski, Sandra Davila, Mary Welch, Dr. Mary Jane Garza, Bryant Gray, Sandra Martinez, Christine Ewing, Jennifer Pogue, Meg Straiton, Molly Parker, Molly Nichols, Robert Connor, Carol Zunker, Lisa Caudle, Brian Scholz, Veronica Villarreal, Crystal Cooper, Nancy Lechner, Kristen LaBaume, Carrie Long, and John Tucker.

Introductions were started by Cheryl Cannon.

Motion was passed by Brian Scholz and Molly Nichols to approve last meetings' minutes.

Presentations were given as follows:

1. Presentation by John Tucker regarding the Safety and Security Audit. This is something that the district does every three years. Mr. Tucker is in charge of getting records together as well as collecting data in order to have the Emergency Action Plans updated and to help with distribution. Usually, questionnaires are handed out to a group of people at the district, nurses for example. Once collected, there may be some action items the district will decide on based on the answers given. There is no right or wrong answer and there is a space towards the bottom where the participant can add their own thoughts. Sample questions may include knowledge and training on first aid, CPR, AED locations and usage, and student health/concerns. Participants are advised not to include any personal information on the form as it may not be entirely confidential. The questions are given to the district by the state, and are therefore returned to the state. The information gathered from these questionnaires will become the basis of the Emergency Operation Plan that will stand with us next year.
2. Presentation by Bryant Gray regarding social media sexting from the already district-established program Choosing the Best. This is an abstinence program that students participate in as part of the campus curriculum. A consent letter is sent home before the start of the program so if the student/parent chooses to opt out. A video about sexting from the Choosing the Best website was viewed by the committee. This video will need to be approved by this committee in order to become part of the campus curriculum. It will be in addition to what is already presented to the students in the classroom. The instructor will talk about pregnancy, STDs, and the emotional consequences of sex. After viewing the video, students will be asked a few questions about what they just watched. There are usually 40-50 students in the class at one time. They start at 7<sup>th</sup> grade and go all the way to 12<sup>th</sup> grade. There are books and DVDs available to parents at no cost that cover what is gone over in class. A video from the health department is also available on their website for parents that talks about how to deal with talking about sex to your kids.
3. Ballots were passed out for the committee to vote to pass or deny motion for this curriculum. Email will be sent out to committee members once the ballots are tallied.
4. Video review for "Body Story – Breaking Down" by parent Aida Regalado will be held off until next meeting on May 19, 2014.

Floor Open for discussion.

Dr. Mary Jane Garza, NAS School Liaison Officer, made an announcement. Every year a military child is selected from every branch as Military Child of the Year. This year the student selected was from Flour Bluff ISD. Brian Curtain from the High School was the student selected as Military Child of the Year from the Navy. There will be a story that will appear in the Wing Span as well as in the Caller Times. It is a first for the state, a first for NAS and a first for Flour Bluff for this category. They will be flying out the student, as well as his parents, all expenses paid by the government, where he will be presented with all of the Chiefs of Staff and maybe even the President. He will also be getting a \$5,000 scholarship.

Meeting concluded at 4:33 p.m.