

Health & Advisory Committee
& Safe and Drug Free Schools Committee Minutes
November 17, 2014

The meeting was called to order at 4:05 p.m.

In attendance were: Natalie Barganski, Jeannette Elliott, Kristen LaBaume, Solomon Ortiz, Irene Reyes, Kristina Richter, Ivonne Sandoval, Edgar VanGeem, Brandon Buchei, Gina Valdez, Linda Barganski, Cheryl Cannon, Mary Pawelek, Sandra Martinez, Noah Earley, Christine Ewing, Inez Matthijetz, Pam Pailes, Lauren Pedrotti, Jennifer Pogue, Joseph Reyes, Meg Straiton, Bryant Gray, Cindy Holder, Molly Nichols, Jessica Tomsu, Yajira Uribe, Sal Alvarado, Jacque Bonds, Dawn Evans, Brian Scholz, Crystal Cooper, Margie Garza, Nancy Lechner, Carrie Long, Nikol Youngberg

Welcome was given by Cheryl Cannon.

Motion was made by Molly Nichols and seconded by Joseph Reyes to approve last meetings' minutes. Motion passed.

Presentations were given as follows:

1. Presentation by Becky Smith of the Texas A&M Health Science Center Coastal Bend Health Education Center (TAMHSC CBHEC). The main purpose of TAMHSC CBHEC is to educate and recruit students about all the many health professions available to them. The hope is that students will choose health care careers and return to the Corpus Christi area to meet the needs of our medically underserved region. They offer Health Careers Discovery Camp, Future Health Professionals Conference, Mobile Medical Library and will help start Future Nurses/Health Careers Clubs. This year they have reached over 1,200 students with career fairs, classroom lessons and experiments, Health Careers Club visits and Family Science Nights. The Future Health Professionals Conference will be held at Del Mar College, West Campus, on January 29, 2015. Ms. Smith asked the committee to share this information with other teachers, principals and counselors.
2. American Cancer Society/Relay for Recess presentation was made by Nicole Morin. Relay Recess brings education and community service into the classroom in a fun way that also allows students to help save lives from cancer. This program benefits students by engaging them in community service activities, teaching them habits that will enable them to lead healthy lives, linking their fundraising efforts to how it will make a difference in their community through American Cancer Society services and programs and unifying our school with our community for a common cause. Relay Recess shows students how they can make a difference in their own community. The Relay Recess program provides teachers and parents with resources to help make fundraising for the American Cancer Society fun, easy, and educational with classroom, school-wide, and online fundraising available. The American Cancer Society Relay Recess helps students and their families by educating them on healthier living and how to

- reduce the chances of getting cancer through physical activity, good nutrition, sun safety and tobacco prevention.
3. Brandon Buchei presented the Local School Wellness Policy that has been implemented by Flour Bluff Independent School District as required by the Healthy, Hungry-Free Kids Act of 2010. This policy will provide nutrition education for students to develop healthy eating habits. Posters, signage, displays and banners regarding nutritional messages will be displayed in the cafeteria, classrooms, hallways, gymnasiums, bulletin boards and other appropriate settings. Wellness for students and their families will be promoted at suitable school activities. Information will be available for the general public to review through the district website, newsletters and pamphlets. Each campus will have a coordinator who is required to conduct evaluations of the program and report to the Superintendent or Designee assigned to the flour Bluff ISD Nutrition Department. Daily, monthly and yearly records must be completed by the due dates listed in the policy. Celebration Days were also discussed. Teachers are allowed 3 celebration days per school year. All food brought into the classroom must be store bought.

Old Business

1. Cheryl Cannon asked for a nomination of a parent representative as co-chair of the SDFSC/Health Advisory Committee. Molly Nichols nominated and made a motion for Mr. Joseph Reyes to fill this position and Dawn Evans seconded. The motion carried.
2. Mrs. Cannon also reported on the MEND program that was presented at the last meeting. The school district is moving forward with the program to teach students, ages 7-13, healthy habits. This is a 10 week program and a parent must attend with their student. We will target 20 students to begin the program. Through a grant, MEND provides \$7000.00 which will be used to pay current employees to run the program.

The floor was opened for discussion.

Our next meeting will be held on January 26, 2015.

The meeting was adjourned at 4:50 p.m.