

**Flour Bluff Independent School District  
School Health Advisory Council  
January 30, 2017**

The meeting was called to order at 4:15 p.m.

In attendance were: Monette Bright, Joseph Reyes, Natalie Barganski, Stephanie Womack, Beverly Zubia, Dawn Evans, Irene Reyes, Bill Robinson, Cindy Holder, Melonie Shandy, Gina Valdez, Linda Barganski, Katelijne Acker, Bryant Gray, Sandra Martinez, Jeri Fletcher, & Cheryl Cannon

The welcome was given by Cheryl Cannon. Introductions were made by committee members.

Motion was made by Joseph Reyes and seconded by Monette Bright to approve last meetings' minutes. Motion passed.

**New Business:**

1. **Driscoll Health Plan:** Julia Samaniego, Community Outreach Representative, made a presentation concerning the various health plans available through Driscoll (STAR Kids Program, CHIP, & Texas Health Steps). Mrs. Samaniego is also available to be a resource for the campuses. She can do Health Fairs & presentations. The SHAC conducted a vote after the presentation, and the program was approved.
2. Annual Assessment Report for the Local Wellness Policy – Gina Valdez, FBISD Child Nutrition Director, and Jeri Fletcher, FBISD Child Nutrition Coordinator, presented the annual report for the Local Wellness Policy. The updated policy has been submitted to TASB for review (Student Welfare: Wellness and Health Service – FFA Regulation). Once the policy has been approved by the Flour Bluff ISD Trustees, the Local Wellness Policy will be added to the district website.

**Old Business:**

The following abstinence materials were reviewed and approved by the SHAC:

The Abstinence Quiz  
Abstinence When You're in Love  
Encouraging Abstinence...Ten Tips for Parents  
50 Things You Should Know About Abstinence  
The Growing Up for Boys Issue (Magazine)  
The Growing Up for Girls Issue (Magazine)  
Help Your Teenager Build Healthy Relationships

Parenting Corner (Magazine)

Puberty & Pressure

Sex, Alcohol and Your Right to Say No

Sex Can Wait – Talking Can't (Video – Resource for Parents/Adults)

Sex, Communication and Respect

Teaching Your Teen About Sexual Responsibility

When Your Partner Wants to Have Sex (and You Don't)

You Would If You Loved Me (How to Respond to Sexual Pressure)

A motion was made by Joseph Reyes to adjourn the meeting and the motion was seconded by Gina Valdez. Motion passed.

The next meeting will be held on March 27, 2017.

The meeting was adjourned at 5:15 p.m.