

**Flour Bluff Independent School District**  
**School Health Advisory Council**  
**October 2, 2017**

The meeting was called to order at 4:15 p.m.

In attendance were: Janet Daniel, Ivonne Sandoval, Jeri Fletcher, Linda Barganski, Tracy Dennis, Bryant Gray, Sandra Martinez, Kim Sneed, Andie Rodriguez, Allison Schaum, Monette Bright, Melanie Ortiz, Tatiana Ortiz, Pam Pailles, Joseph Reyes, Irene Reyes, Cindy Holder, Dawn Evans, Patricia Johnson, Nadia Flores, Sean Dust, Bill Robinson

The welcome was given by Tracy Dennis.

Motion was made by Joseph Reyes and seconded by Monette Bright to approve last meetings' minutes. Motion passed.

**New Business:**

- SHAC Self-Assessment handed out by Tracy Dennis. Committee filled out the assessment form. Also passed out the SHAC Guide. Discussed reaching out to community by planning community events.
- 85<sup>th</sup> Legislative Session School Health & Public Education 2017 Related Legislation Tracking – increased focus on cyberbullying, sexual abuse & sex trafficking
- Identify a Vision Activity – looked at last years. Activity - SHAC members write their thoughts on charts to the following questions:

**1) What SHAC could do to make community better?**

Response: *more access to partnerships in the community, reaching out further into community with programs, outreach, etc., more drug prevention education for students, encourage more student involvement (incentives), community wellness education (parent, student & community leaders), coordinate current community and school resources*

**2) If you could change one thing about our schools what would it be?**

Responses: *students input taken seriously at the campus and school board level, include optional sex education, traffic flow all over!!!, improve communication between HS campus and UPHSP, stagger school times better, year round school, more emphasis on social-emotional well-being of students, yoga & nutrition classes open to all*

**3) What can the district do to make this community a better place to live?**

Responses: *provide community outreach programs for students & parents, encourage partnerships that provide activities & events for families, community wellness education (nutrition, health, physical activity/education), more community service options from a young age, involve senior citizen center with our kids more*

**4) What worries you most about our children and their lives in 2017?**

Responses: *bullying, lack of understanding of formal vs informal settings and language, loss of people skills/interactions because of technology, lack of positive peer role models, constant negativity via social media & news – no positivity, lack of empathy, lack of coping skills, mental health, dependence on parents/others to bail them out, entitlement, amount of drug use with students, lazy government and parent involvement*

**Old Business:**

- SHAC Approved Programs/Handout: Tracy Dennis, Director of Instruction, passed out list of approved programs.

A motion was made by Joseph Reyes to adjourn the meeting and the motion was seconded by Ivonne Sandoval. Motion passed.

The meeting was adjourned at 5:00 p.m.