

**Flour Bluff Independent School District
School Health Advisory Council
October 24, 2018**

The meeting was called to order at 4:15 p.m.

In attendance were: Joseph Reyes, Norma Fisher, Shannon Gillespey, Diana Johnson, Belinda Rjasko, Madi Barganski, Hannah Gillespey, Staci Cade, Dawn Evans, Elizabeth Jackson, Carol Ann Ethier, Melonie Shandy, Gina Valdez, Margaret Barnec, Roxann Steinbruck, Nicole Dowd, Susan Hobbs, Alyssa Hernandez, Bill Robinson, Janet Daniel, Kristen LaBaume, Jennifer McCormick, Linda Barganski, Bryant Gray, Jolie Woods, Marcella Gutierrez, Sandra Martinez, Wendy Lewis, and Luke Tschritter

The welcome was given by Linda Barganski. Introductions were made. Each person introduced themselves.

What is SHAC? – Powerpoint – Roles and duties of the council. 8 components of coordinating the school health program. 1. Nutrition Services 2. Health Services 3. Health and Safe School Environment 4. Counseling and mental health services 5. Staff Wellness 6. Parent and Community Involvement 7. Physical Education 8. Health Education.

Motion was made by Bill Robinson and seconded by Mr. Reyes to approve last meetings' minutes. Motion passed.

New Business:

- Agenda Items for the Council – If anyone has any items for the agenda, that has to do with health and safety, please have it submitted by the Friday before the meeting.

Old Business:

- New Wellness Guidelines – Gina Valdez shared that it is a living document that changes over time.
- Enrollment Extravaganza – years before we had a mini-carnival – different groups sold things there. Mrs. Dennis was trying to tie that into our annual registration. Brent Chesney hosted a health fair. Students in clubs had tables to sell items and share information.

Meeting dates: October 23, 2018, December 11, 2018, February 12, 2019 and April 16, 2019

Activity:

Posters were hung, and the council was asked to write their thoughts and suggestions under each question.

- ❖ **What is one wish you have for the children of our community?**
Safety-safe walking program, cared for, safe places to gather after school, more parental guidance/involvement, treat everyone with value, access to basic needs, happy, well-adjusted lives, each child matters and is valued, and all graduate.
- ❖ **If you could change one thing about our schools, what would it be?**
More safety education/security, controlled access – locked with buzzer/intercom to enter, Primary to have separate cafeteria, adequate parking at campuses, student input (suggestion box online), streamline enrollment process (confirmation email), traffic flow!!!, staggered school schedule between each school.
- ❖ **What three things do you like best about our schools?**
Sense of community involvement, students, staff
Strong curriculum foundation, all campuses centrally located, school spirit
Academics, welcoming, uniform clothes
Separate campuses, faculty, academics
Sports, JROTC, extra-curricular opportunities, UP, good discipline program
Different electives-something for everyone, full continuum of services for SPED, school pride, inclusive environment, kids, electives, spirit, PE every year.
- ❖ **What worries you most about the children of our community?**
Family dynamic/mental health, more constructive recreation locally, drugs, lack of social skills due to lack of real interaction, unsafe community environment elements, childhood obesity, hungry at home, unknowns-after high school, drugs/violence, lack of resources (basics), lack of role models at home.
- ❖ **What could this SHAC do to make this community a better place to live?**
Supporting and advising in wellness, health, and safety. Getting the word out, family involvement (incentive), supporting/advising and carefully evaluating new programs, Bluff Fest – family/team building, taking individual ownership/pride in community, support to community, health/wellness education, suicide prevention.
- ❖ **What could families do to make this community a better place to live?**
Accountability, good neighbor, supportive, participation, model, vocalize concerns, ask questions, get involved/stay involved, show up, committees, tolerance/patience, encourage attendance, donate, donation stations, food pantry, school supply/clothes closet, communication, foster pride.

❖ **What could the schools do to make this a better community to live?**

Show student pride within community! Help/resources for crisis situations-a safe/open inviting place, more communication, additional educational resource-for skills upgrades, provide access to resources-follow-up, sponsor community events, provide parent training/resources, homework help outside of school/after school, outside sources (similar to FCA), teach more basic life skills to prepare for 'real life', teach responsibility & citizenship to students.

Adjourn

Mr. Gray motioned to adjourn meeting and Jolie Woods seconded – 5:15 p.m.