

**Flour Bluff Independent School District
School Health Advisory Council
April 16, 2019**

The meeting was called to order at 4:15 p.m.

In attendance were: Joseph Reyes, Norma Fisher, Shannon Gillespey, Belinda Rjasko, Madi Barganski, Hannah Gillespey, Elizabeth Jackson, Melonie Shandy, Brittany Buchanan, Gina Valdez, Margaret Barnec, Roxann Steinbruck, Bill Robinson, Kristen LaBaume, Linda Barganski, Bryant Gray, Wendy Lewis, Luke Tschritter

The welcome was given by Linda Barganski. Motion was made by Bill Robinson and seconded by Joseph Reyes to approve last meetings' minutes. Motion passed.

New Business:

- Health Beat – Dawn Evans, RN, Campus Nurse
(Dawn was not able to attend. Dr. Barganski presented)

Report on different rashes that are going on in the district. Have had a scabies outbreak in our district. Nine confirmed cases at the ECC and one at the Elementary. One case of 5ths Disease at ECC and three confirmed cases of chicken pox at the ECC even though the students were vaccinated. Scabies has a one-time treatment with a lotion or oral medication. It is not a disease, just a nuisance. It is contagious. However, once treated it is no longer contagious.

- Fitnessgram – Dr. Linda Barganski

Fitnessgram is required from 3rd grade and up. Done through the P.E. class. Coaches are inputting the data. Last part of May it is uploaded to TEA by Tracy Dennis, Director of Instruction.

Old Business:

- District Nutrition – Gina Valdez & Brittany Buchanan

Wellness Plan – Difference between Guidelines and Policy. Not changing the policy, only the guidelines. The only thing changing is the name of the people. Talked about the policy. Physical activity was talked about. Students need a certain amount of physical activity and the sub-committee tracks that. It will be reported. Monitor the facilities and make sure the

students have ample to time to get through the lines and eat. Staff are encouraged to keep the lines moving. Also, making sure the facilities are clean, safe, and comfortable. Board has accepted the policy. This committee reviews the guidelines.

- **Other Discussions:** Member asked if the list could be given to a student. It must go through the principal.

Meeting dates: Next Meeting will be held in the 2019-2020 school year.

Adjourn

Brittany Buchanan motioned to adjourn meeting and Luke Tschritter seconded – 4:55 p.m.