

**Flour Bluff Independent School District
School Health Advisory Council
December 17, 2019**

The meeting was called to order at 4:15 p.m.

In attendance were: Joseph Reyes, Linda Barganski, Brittany Buchanan, Gina Valdez, Dawn Evans, Bryant Gray, Sandra Martinez, Irene Reyes, Tracy Erickson, Brooke Zepeda, Angela Scott, Nikol Youngberg, Allison Brady, Bill Robinson, Kristen LaBaume, & Kendra Woodall

The welcome was given by Linda Barganski and introductions were made. Minutes from the October 15, 2019 School Health Advisory Council meeting were reviewed, and a motion was made by Mr. Joseph Reyes and seconded by Ms. Kristen LaBaume to approve the minutes. Motion passed.

New Business:

- Children’s Advocacy Center of the Coastal Bend – Cassandra Hinojosa presented to the council and stated the center has worked in the area for twenty-five years serving the children of abuse. The services are free and are provided at the center. Prevention programs can be provided to the teachers and students at no cost. Several of the programs include but are not limited to Internet Safety and It’s my body. Videos can be sent in advance for review. The Advisory Council voted unanimously to include The Children’s Advocacy Center of the Coastal Bend as one of our partners.
- Fitnessgram – Report from Subcommittee – Dr. Barganski, informed the council the Fitnessgram subcommittee met December 11th, 2019. The subcommittee discussed the inconsistent assessment throughout the campuses when administering the Fitnessgram. Coach Scott, from the Intermediate discussed the recommendations from the subcommittee. Beginning with the 2019-2020 school year, when assessing students in the area of aerobic capacity, height & weight, strength & endurance and flexibility the district will use the Pacer for aerobic capacity, Body Mass Index for height & weight, Curl-Up, Trunk Lift and 90 degree Push-Up for strength & endurance, and Shoulder Stretch for flexibility. The Advisory Council voted unanimously to accept the recommendations of the Fitnessgram subcommittee.
- Wellness Committee – Gina Valdez & Brittany Buchanan stated there were no changes to the Wellness Plan.
- Health Beat – Dawn Evans, District Nurse

Mrs. Evans will bring literature with her to next meeting concerning child development. She also spoke about the state mandated Stop the Bleed training at campuses.

- Social Work update – Bryant Gray, discussed his program and how the district needs HOSTS mentors for our students. Anyone interested in the program can contact him for more information.

Other Discussion: A Resource Fair for the community will be held at the Primary/Elementary Cafeteria on February 22, 2020. The fair is sponsored by the Early Childhood Center, Primary and Elementary campuses. All community members are encouraged to attend.

Meeting dates: Next meeting - February 13, 2020

Adjourn

Mr. Joseph Reyes motioned to adjourn meeting and Mrs. Irene Reyes and Mrs. Gina Valdez seconded the meeting concluded at 5:21 p.m.