

### Meal Prices

<b>Breakfast PK-6<sup>th</sup></b>	<b>Free</b>	<b>Lunch PRE-K- Kinder</b>	<b>FREE</b>
<b>Breakfast 7<sup>th</sup> - 12<sup>th</sup></b>	<b>\$1.85</b>	<b>Lunch 1<sup>st</sup> - 4<sup>th</sup></b>	<b>\$2.50</b>
<b>Reduced Breakfast 7<sup>th</sup> - 12<sup>th</sup></b>	<b>\$0.30</b>	<b>Lunch 5<sup>th</sup> - 12<sup>th</sup></b>	<b>\$2.90</b>
<b>Adult Breakfast</b>	<b>A la Carte</b>	<b>Reduced Lunch</b>	<b>\$0.40</b>
		<b>Adult Lunch</b>	<b>\$4.00</b>



SquareMeals.org

# Hornet Café Menu

Flour Bluff ISD School Nutrition

**Our Mission** is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.



**Lunch Meal Deal:** Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

- Food Components:**
1. Meat
  2. Grain
  3. Fruit
  4. Vegetable (select up to 2 vegetables)
  5. Milk

**Payment options:**

Cashiers are available to accept payments during breakfast and lunch at each campus and

at Central Kitchen ■ Or you may log on to [www.flourbluffschoools.net](http://www.flourbluffschoools.net) and click the lunch menu icon for online payment.

### À la Carte

<b>Breakfast Entrée</b>	<b>\$1.75</b>	<b>Milk</b>	<b>\$0.75</b>	<b>Lunch Entrée</b>	<b>\$2.50</b>
<b>Vegetable or Fruit Side</b>	<b>\$1.00</b>	<b>Popcorn *</b>	<b>\$1.00</b>	<b>V-8 Fusion*</b>	<b>\$1.50</b>
<b>Brownie*</b>	<b>\$0.85</b>	<b>Cookie *</b>	<b>\$1.00</b>	<b>16oz Bottle Water</b>	<b>\$0.75</b>
<b>Chips*</b>	<b>\$0.75</b>	<b>Fruit Juice*</b>	<b>\$1.50</b>	<b>Ice Cream*</b>	<b>\$1.00 - \$2.00</b>
<b>Tropicana Juice *</b>	<b>\$2.00</b>	<b>Rice Krispy*</b>	<b>\$1.00</b>	<b>**For 5<sup>th</sup> grade and up.</b>	

### Breakfast

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Pancake Sausage Bites Cereal* Fruit* Fruit Juice* Milk*</i>	<i>Muffin* Cereal Fruit* Fruit Juice* Milk*</i>	<i>Honey Bun* Cereal Fruit* Fruit Juice* Milk*</i>	<i>Egg Bowtie Cereal* Fruit* Fruit Juice* Milk*</i>	<i>Cinnamon Roll* Cereal Fruit* Fruit Juice* Milk*</i>
<i>Chicken Sausage Sandwich Cereal* Fruit* Fruit Juice* Milk*</i>	<i>Muffin* Cereal Fruit* Fruit Juice* Milk*</i>	<i>Pumpkin Slice* Cereal Fruit* Fruit Juice* Milk*</i>	<i>Blueberry Pancake Wrap Cereal* Fruit* Fruit Juice* Milk*</i>	<i>Donuts* Cereal Fruit* Fruit Juice* Milk*</i>

**Breakfast Meal Deal:** Includes 3 food components. A Fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

- Food Components:**
1. Grain (with optional meat allowed)
  2. Fruit/Vegetable (select up to two components)
  3. Milk



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August 2020						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

September 2020						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2020						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2020						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2020						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<i>Chicken Burger</i> <i>Italian Sub*</i> <i>Straight Fries</i> <i>Grape Tomato*</i> <i>Applesauce</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Pizza</i> <i>Turkey Croissant*</i> <i>Corn</i> <i>Carrots*</i> <i>Pears</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Spaghetti w/ Meat Sauce</i> <i>Ham Sandwich*</i> <i>Breadstick</i> <i>Peas</i> <i>Romaine Salad</i> <i>Celery*only</i> <i>Fruit Cocktail</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Corndogs</i> <i>Sunbutter Jelly w/ Cheese Stick* (V)</i> <i>Savory Loops</i> <i>Fresh Broccoli*</i> <i>Mandarin</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Chicken Strips w/ Ginger Cookie</i> <i>Turkey Sub*</i> <i>Cucumbers*</i> <i>Seasoned Beans</i> <i>Peaches</i> <i>Fresh Fruit*</i> <i>Milk*</i>
<i>Cheeseburger</i> <i>Italian Sub*</i> <i>Burger Salad</i> <i>Straight Fries</i> <i>Celery *only</i> <i>Applesauce</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>French Bread Pizza</i> <i>Turkey Croissant*</i> <i>Corn</i> <i>Carrots*</i> <i>Pears</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Pulled Pork w/ Chips</i> <i>Ham Sandwich*</i> <i>Pork &amp; Beans</i> <i>Coleslaw</i> <i>Broccoli *only</i> <i>Fruit Cocktail</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Frito Pie</i> <i>Sunbutter Jelly w/ Cheese Stick (V)*</i> <i>Savory Loops</i> <i>Grape Tomato*</i> <i>Mandarin</i> <i>Fresh Fruit*</i> <i>Milk*</i>	<i>Pizza Cheese Sticks</i> <i>Turkey Sub*</i> <i>Romaine Salad</i> <i>Cucumbers*</i> <i>Peaches</i> <i>Fresh Fruit*</i> <i>Milk*</i>

**Students eating in the classroom will receive items with an asterisk.**

**Milk Component:** K-12 Choice of Fat Free Chocolate, 1% White Milk, Skim Milk

**Note:** Menu subject to change without notice

**White Box = No School**

January 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2021						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2021						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2021						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					