



SquareMeals.org

# Hornet Café Menu

Flour Bluff ISD School Nutrition

**Our Mission** is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.



**Lunch Meal Deal:**  
Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

- Food Components:**
1. Meat
  2. Grain
  3. Fruit
  4. Vegetable (select up to 2 vegetables)
  5. Milk

**Payment options:**

Cashiers are available to accept payments during breakfast and lunch at each campus and

at Central Kitchen ■ Or you may log on to [www.flourbluffschoools.net](http://www.flourbluffschoools.net) and click the lunch menu icon for online payment.

<i>Meal Prices</i>			
<b>Breakfast PK-6<sup>th</sup></b>	<b>Free</b>	<b>Lunch PRE-K-Kinder</b>	<b>FREE</b>
<b>Breakfast 7<sup>th</sup> - 12<sup>th</sup></b>	<b>\$1.85</b>	<b>Lunch 1<sup>st</sup> - 4<sup>th</sup></b>	<b>\$2.50</b>
<b>Reduced Breakfast 7<sup>th</sup> - 12<sup>th</sup></b>	<b>\$0.30</b>	<b>Lunch 5<sup>th</sup> - 12<sup>th</sup></b>	<b>\$2.90</b>
<b>Adult Breakfast</b>	<b>À la Carte</b>	<b>Reduced Lunch</b>	<b>\$0.40</b>
		<b>Adult Lunch</b>	<b>\$4.00</b>



SchoolLunchApp.com

**Breakfast Meal Deal:** Includes 3 food components. A Fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

- Food Components:**
1. Grain (with optional meat allowed)
  2. Fruit/Vegetable (select up to two components)
  3. Milk

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Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).

USDA is an equal opportunity provider and employer

August 2020						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

September 2020						
S	M	T	W	T	F	S
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2020						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November 2020						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2020						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Monday Breakfast	Tuesday Breakfast	Wednesday Breakfast	Thursday Breakfast	Friday Breakfast
Muffin* Cereal Fresh Fruit* Fruit Juice* Milk Variety*	Egg Bowtie Cereal* Fresh Fruit* Fruit Juice* Milk Variety*	Pancake Bowl* Cereal Fresh Fruit* Fruit Juice* Milk Variety*	Beef Sausage Sandwich Cereal* Fresh Fruit* Fruit Juice* Milk Variety*	Concha* Cereal Fresh Fruit* Fruit Juice* Milk Variety*
Monday Lunch	Tuesday Lunch	Wednesday Lunch	Thursday Lunch	Friday Lunch
French Bread Pizza Pepperoni Sub* Cherry Tomatoes* Corn Fresh Fruit* Pears Milk Variety*	Cheeseburger Turkey Croissant* Condiment Salad* Straight Cut Fries Fresh Fruit* Fruit Cocktail Milk Variety	Grilled Cheese Sandwich Ham & Cheese Sandwich* Broccoli* Tomato Soup Fresh Fruit* Peaches Milk Variety	Mini Corndogs Sunbutter & Jelly* Carrots* Savory Loops Fresh Fruit* Applesauce Milk Variety*	Chicken Nuggets w/ Corn Muffin Turkey Sub* Celery Sticks* Refried Beans Fresh Fruit* Tropical Fruit Milk Variety*

**Students eating in the classroom will receive items with an asterisk.**

**Milk Component:** Choice of Fat Free Chocolate, 1% White Milk, Skim Milk

**Note:** Menu subject to change without notice

White Box = No School

January 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

February 2021						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2021						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2021						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2021						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					