

Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Intermediate Breakfast

Portion Values - Detailed

Page 1

Generated on: 10/21/2020 1:44:37 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 11/02/2020																
Intermediate Breakfast	Total	350														
BKF PANCAKE MAPLE MINI BITES	6 EACH	250	378	52	588	6.30	3.78	42.0	*N/A*	*N/A*	8	12.6	31.5	18.9	5.25	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	160	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
SYRUP PANCAKE CUP	1 EACH	175	119	0	30	0.00	0.00	0.0	45	0.0	22	0.0	29.67	0.0	0.00	0.00
Weighted Daily Average			557	*45	631	*7.15	*5.33	*400.6	*906	*13.16	48	18.30	81.40	*15.29	*4.44	*0.00
% of Calories											34.6%	13.2%	58.5%	*24.7%	*7.2%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Tue - 11/03/2020																
Intermediate Breakfast	Total	350														
BKF MUFFIN, ASSORTED	1 EACH	250	225	30	117	102.88	1.09	6.4	67	*0.79	18	3.83	39.15	5.95	0.89	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			386	*29	280	*76.03	*3.40	*375.0	929	*13.54	44	12.03	71.40	*6.04	*1.33	*0.00
% of Calories											45.2%	12.5%	74.0%	*14.1%	*3.1%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Intermediate Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 11/04/2020																
Intermediate Breakfast	Total	350														
BKF HONEY BUN 3OZ/60CT	1 EACH	300	270	0	210	3.00	1.80	40.0	100	21.01	13	6.0	40.02	10.01	4.50	0.00
BKF CEREAL, ASSORTED (K-12)	1 EACH	50	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			425	*7	336	*4.64	*2.92	*375.8	811	*29.40	40	14.00	70.83	*10.01	*4.53	*0.00
% of Calories											37.4%	13.2%	66.7%	*21.2%	*9.6%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Thu - 11/05/2020																
Intermediate Breakfast	Total	350														
BKF BOWTIE,W/SAUS LINK (5-12)	1 EACH+ 1LINKS	100	220	90	410	2.00	1.36	130.0	*5	*0.01	*1	13.01	19.0	10.51	4.00	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	250	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			383	*33	434	*4.56	*6.77	*494.3	*1351	*17.73	*38	14.30	69.59	*5.88	*1.91	*0.00
% of Calories											*39.6%	14.9%	72.7%	*13.8%	*4.5%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Intermediate Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 11/06/2020																
Intermediate Breakfast	Total	350														
CINNAMON SWIRL IW	2.7 OZ	250	221	13	250	2.60	6.11	168.2	1422	26.03	13	2.4	36.05	7.61	1.50	0.00
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			414	*18	403	*4.41	*6.99	*576.3	2040	*32.26	45	13.29	74.32	*7.23	*1.76	*0.00
% of Calories											43.7%	12.8%	71.7%	*15.7%	*3.8%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Mon - 11/09/2020																
Intermediate Breakfast	Total	350														
BKF CHICKEN SAUSAGE SANDWICH	1 EACH	150	180	40	299	1.00	1.80	79.9	*N/A*	*N/A*	7	9.98	17.97	6.99	2.00	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	200	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
SYRUP PANCAKE CUP	2 EACH	175	237	0	59	0.00	0.00	0.0	89	0.0	44	0.0	59.34	0.0	0.00	0.00
Weighted Daily Average			484	*24	435	*3.94	*5.90	*462.5	*1238	*16.14	60	14.43	94.62	*5.51	*1.59	*0.00
% of Calories											49.7%	11.9%	78.2%	*10.3%	*3.0%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Intermediate Breakfast

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 11/10/2020																
Intermediate Breakfast	Total	350														
BKF MUFFIN, ASSORTED	1 EACH	175	225	30	117	102.88	1.09	6.4	67	*0.79	18	3.83	39.15	5.95	0.89	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	175	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			385	*22	315	*54.71	*5.05	*417.0	1149	*15.75	43	11.85	73.37	*5.31	*1.17	*0.00
% of Calories											44.8%	12.3%	76.2%	*12.4%	*2.7%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

Wed - 11/11/2020																
Intermediate Breakfast	Total	350														
BKF PUMPKIN SUPER SLICE	1 EACH	175	260	*N/A*	250	2.00	0.18	79.9	0	*N/A*	24	4.99	43.95	7.99	1.50	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	175	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			402	*7	381	*4.27	*4.59	*453.7	1115	*15.35	46	12.44	75.78	*6.33	*1.48	*0.00
% of Calories											45.9%	12.4%	75.4%	*14.2%	*3.3%	*0.0%
Nutrient Guideline			400-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Intermediate Breakfast

Portion Values - Detailed

Page 5

Generated on: 10/21/2020 1:44:37 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 11/12/2020																
Intermediate Breakfast	Total	350														
BKF PANCAKE BB SAUSAGE S TICK	1 EACH	275	250	25	400	1.00	1.08	20.0	*N/A*	*N/A*	10	6.0	22.99	14.99	4.00	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	75	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
SYRUP PANCAKE CUP	2 EACH	275	237	0	59	0.00	0.00	0.0	89	0.0	44	0.0	59.34	0.0	0.00	0.00
Weighted Daily Average % of Calories			623	*28	565	*3.09	*2.85	*457.4	*1016	*12.87	77 49.3%	16.07 10.3%	109.80 70.5%	*13.39 *19.3%	*3.82 *5.5%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Fri - 11/13/2020																
Intermediate Breakfast	Total	350														
DONUT, POWDERED SUGAR MINIS	1 PACKAG	275	309	20	249	1.99	1.44	39.9	*N/A*	*N/A*	29	2.99	51.84	10.97	4.98	0.00
BKF CEREAL, ASSORTED (K-12)	1 EACH	75	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
FRUIT FRESH ASSORTED	1 EACH	150	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	150	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	150	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average % of Calories			452	*23	372	*3.87	*3.13	*387.3	*803	*12.18	52 46.4%	11.42 10.1%	80.71 71.4%	*10.23 *20.4%	*4.60 *9.2%	*0.00 *0.0%
Nutrient Guideline			400-500		540										<10.00	

Weighted Average			451	*24	415	*16.67	*4.69	*440.0	*1136	*17.84	*49 *98.4%	13.81 12.3%	80.18 71.1%	*8.52 *17.0%	*2.66 *5.3%	*0.00 *0.0%
------------------	--	--	-----	-----	-----	--------	-------	--------	-------	--------	---------------	----------------	----------------	-----------------	----------------	----------------

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Intermediate Breakfast

Portion Values - Detailed

Page 6

Generated on: 10/21/2020 1:44:37 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
		% of Cals	Weekly Target		% of Target	Miss Data	Shortfall		Overage	Error Messages (if any)							
Calories	451		400 - 500		100%												
Cholesterol (mg)	24					Missing											
Sodium 1 (mg)	415			540													
Sodium 2 (mg)	415			485													
Fiber (g)	16.67					Missing											
Iron (mg)	4.69					Missing											
Calcium (mg)	440.0					Missing											
Vitamin A (IU)	1136					Missing											
Sugars (g)	49	43.75%				Missing											
Vitamin C (mg)	17.84					Missing											
Protein (g)	13.81	12.25%															
Carbohydrate (g)	80.18	71.11%															
Total Fat (g)	8.52	17.01%				Missing											
Saturated Fat (g)	2.66	5.31%		<10.00%		Missing											
Trans Fat ¹ (g)	0.00	0.00%				Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.