

# Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

## Base Menu Spreadsheet

Junior High Breakfast

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/02/2020																
Junior High Breakfast	Total	211														
BKF PANCAKE MAPLE MINI BITES	6 EACH	150	378	52	588	6.30	3.78	42.0	*N/A*	*N/A*	8	12.6	31.5	18.9	5.25	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	50	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH, COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
SYRUP PANCAKE CUP	1 EACH	100	119	0	30	0.00	0.00	0.0	45	0.0	22	0.0	29.67	0.0	0.00	0.00
Weighted Daily Average			561	*44	611	*7.40	*4.94	*383.4	*857	*16.27	51	17.96	83.79	*14.68	*4.15	*0.00
% of Calories											36.6%	12.8%	59.8%	*23.6%	*6.7%	*0.0%
Nutrient Guideline			400-550		600											<10.00

Tue - 11/03/2020																
Junior High Breakfast	Total	211														
BKF MUFFIN, ASSORTED	1 EACH	110	225	30	117	102.88	1.09	6.4	67	*0.79	18	3.83	39.15	5.95	0.89	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH, COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			406	*22	307	*57.35	*4.90	*404.9	1130	*19.31	48	11.72	79.21	*4.95	*0.92	*0.00
% of Calories											47.4%	11.5%	78.0%	*11.0%	*2.0%	*0.0%
Nutrient Guideline			400-550		600											<10.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

## Base Menu Spreadsheet

Junior High Breakfast

### Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 11/04/2020																
Junior High Breakfast	Total	211														
BKF HONEY BUN 3OZ/60CT	1 EACH	150	270	0	210	3.00	1.80	40.0	100	21.01	13	6.0	40.02	10.01	4.50	0.00
BKF CEREAL, ASSORTED (K-12)	1 EACH	50	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			428	*6	328	*5.05	*3.53	*382.0	907	*31.21	44	13.27	75.79	*8.36	*3.62	*0.00
% of Calories											41.4%	12.4%	70.8%	*17.6%	*7.6%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Thu - 11/05/2020																
Junior High Breakfast	Total	211														
BKF BOWTIE,W/SAUS LINK (5-12)	1 EACH+ 1LINKS	110	220	90	410	2.00	1.36	130.0	*5	*0.01	*1	13.01	19.0	10.51	4.00	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			403	*53	459	*4.76	*5.04	*469.3	*1098	*18.91	*39	16.50	68.70	*7.33	*2.55	*0.00
% of Calories											*39.0%	16.4%	68.1%	*16.4%	*5.7%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

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# Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 11/06/2020																
Junior High Breakfast	Total	211														
CINNAMON SWIRL IW	2.7 OZ	150	221	13	250	2.60	6.11	168.2	1422	26.03	13	2.4	36.05	7.61	1.50	0.00
BKF CEREAL, ASSORTED (K-12)	1 EACH	50	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			393	*16	357	*4.77	*6.59	*473.1	1847	*34.78	44	10.71	72.96	*6.66	*1.49	*0.00
% of Calories											45.1%	10.9%	74.2%	*15.2%	*3.4%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Mon - 11/09/2020																
Junior High Breakfast	Total	211														
BKF CHICKEN SAUSAGE SANDWICH	1 EACH	110	180	40	299	1.00	1.80	79.9	*N/A*	*N/A*	7	9.98	17.97	6.99	2.00	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
SYRUP PANCAKE CUP	2 EACH	110	237	0	59	0.00	0.00	0.0	89	0.0	44	0.0	59.34	0.0	0.00	0.00
Weighted Daily Average			506	*27	433	*4.24	*5.27	*443.2	*1142	*18.90	65	14.92	99.10	*5.49	*1.50	*0.00
% of Calories											51.5%	11.8%	78.4%	*9.8%	*2.7%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

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Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	CalcM (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/10/2020																
Junior High Breakfast	Total	211														
BKF MUFFIN, ASSORTED	1 EACH	110	225	30	117	102.88	1.09	6.4	67	*0.79	18	3.83	39.15	5.95	0.89	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			406	*22	307	*57.35	*4.90	*404.9	1130	*19.31	48	11.72	79.21	*4.95	*0.92	*0.00
% of Calories											47.4%	11.5%	78.0%	*11.0%	*2.0%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Wed - 11/11/2020																
Junior High Breakfast	Total	211														
BKF PUMPKIN SUPER SLICE	1 EACH	110	260	*N/A*	250	2.00	0.18	79.9	0	*N/A*	24	4.99	43.95	7.99	1.50	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			424	*6	376	*4.76	*4.42	*443.2	1095	*18.90	51	12.32	81.71	*6.01	*1.24	*0.00
% of Calories											48.4%	11.6%	77.1%	*12.8%	*2.6%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

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Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 11/12/2020																
Junior High Breakfast	Total	211														
BKF PANCAKE BB SAUSAGE S TICK	1 EACH	125	250	25	400	1.00	1.08	20.0	*N/A*	*N/A*	10	6.0	22.99	14.99	4.00	*N/A*
BKF CEREAL, ASSORTED (K-12)	1 EACH	85	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
SYRUP PANCAKE CUP	2 EACH	125	237	0	59	0.00	0.00	0.0	89	0.0	44	0.0	59.34	0.0	0.00	0.00
Weighted Daily Average			561	*21	497	*4.07	*4.35	*399.0	*1070	*18.11	69	13.06	104.13	*10.55	*2.82	*0.00
% of Calories											49.5%	9.3%	74.2%	*16.9%	*4.5%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

Fri - 11/13/2020																
Junior High Breakfast	Total	211														
DONUT, POWDERED SUGAR MINIS	1 PACKAG	110	309	20	249	1.99	1.44	39.9	*N/A*	*N/A*	29	2.99	51.84	10.97	4.98	0.00
BKF CEREAL, ASSORTED (K-12)	1 EACH	100	222	*N/A*	282	3.37	8.77	202.5	1093	11.09	16	3.02	48.38	*2.53	*0.17	*N/A*
SANDWICH,COURTESY MEAL (K-8)	SANDWIC	1	220	25	720	*4.00	*1.44	270.0	300	*0.0	1	13.0	25.0	12.0	5.00	0.90
FRUIT FRESH ASSORTED	1 EACH	120	85	0	1	3.69	*0.22	*6.2	88	*6.46	17	0.46	22.31	0.0	0.00	*0.00
FRUIT JUICE, VARIETY	4 OZ	100	60	*N/A*	3	*N/A*	*0.08	*4.7	60	16.0	12	0.0	13.47	0.0	*N/A*	*N/A*
MILK SKIM UNFLAVORED	8 OZ	10	80	5	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	0.0	0.00	0.00
MILK 1% WHITE	8 OZ	50	100	10	125	0.00	0.00	300.0	500	2.4	12	8.0	12.0	2.5	1.50	0.00
MILK FAT FREE, CHOCOLATE	8 OZ	100	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	19.0	0.0	0.00	0.00
MILK, STRAWBERRY FF	8 OZ	50	110	5	100	0.00	0.00	300.0	500	2.4	18	8.0	18.0	0.0	0.00	*N/A*
Weighted Daily Average			450	*17	375	*4.76	*5.08	*422.3	*1095	*18.90	54	11.28	85.82	*7.57	*3.06	*0.00
% of Calories											48.0%	10.0%	76.4%	*15.1%	*6.1%	*0.0%
Nutrient Guideline			400-550		600										<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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# Flour Bluff ISD

Nov 2, 2020 thru Nov 13, 2020

Base Menu Spreadsheet

Junior High Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Average			454	*23	405	*15.45	*4.90	*422.5	*1137	*21.46	*52 *102.2	13.35 11.8%	83.04 73.2%	*7.66 *15.2%	*2.23 *4.4%	*0.00 *0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	454		400 - 550	100%				
Cholesterol (mg)	23				Missing			
Sodium 1 (mg)	405		600					
Sodium 2 (mg)	405		535					
Fiber (g)	15.45				Missing			
Iron (mg)	4.90				Missing			
Calcium (mg)	422.5				Missing			
Vitamin A (IU)	1137				Missing			
Sugars (g)	52	45.43%			Missing			
Vitamin C (mg)	21.46				Missing			
Protein (g)	13.35	11.76%						
Carbohydrate (g)	83.04	73.19%						
Total Fat (g)	7.66	15.18%			Missing			
Saturated Fat (g)	2.23	4.42%	<10.00%		Missing			
Trans Fat <sup>1</sup> (g)	0.00	0.01%			Missing			

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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