

**Flour Bluff Independent School District
School Health Advisory Council
November 10, 2020**

The meeting was called to order at 4:16 p.m.

In attendance were: Joseph Reyes, Linda Barganski, Brittany Buchanan, Gina Valdez, Dawn Evans, Bryant Gray, Sandra Martinez, Pam Pailes, Brenna Gordon, Brooke Zepeda, Allison Brady, Aspen Auger, Cassandra Shouse, Shannon Murphy, Veronica Villarreal, Linda Bourdlais, Sam Canavati, Jessica Gutierrez, Kathryn Padgett, Kristen LaBaume, and Aimee Sanchez

The welcome was given by Linda Barganski and introductions were made. A short presentation on What is the School Health Advisory Committee (SHAC) was given. The floor was opened to nominations for Co-Chair. Mr. Reyes and Mr. Canavati were nominated. Mr. Canavati respectfully declined due to this being his first year on the committee. Mr. Reyes was selected unanimously. Minutes from the February 13, 2020 School Health Advisory Council meeting were emailed to the new members before the meeting for review, and a motion was made by Mr. Joseph Reyes and seconded by Ms. Pam Pailes to approve the minutes. Motion passed.

New Business:

- Physical Activity and Fitness – Subcommittee – The floor was opened for volunteers to form this committee. Shannon Murphy, Dawn Evans, Joseph Reyes, Aspen Auger, and Sam Canavati volunteered for the subcommittee. Dr. Linda Barganski, as Co-Chair, will help facilitate the subcommittee meeting. The subcommittee will meet and have a report from the committee at the January meeting.
- Wellness Plan – Gina Valdez and Brittany Buchanan – Gina Valdez stated this is a mandate by the Texas Department of Agriculture, we must have a wellness policy. In the wellness policy there are certain things we must address. One of those is celebrations and when the students can have them. The district has decided the students can have one on the last day before winter break on December 18, 2020. Also, on Valentine’s Day and the last day of school before summer break. Due to COVID we are not allowing items to be brought into the schools. Kindergarten through 4th grade have determined at this point, they will not have anything brought into the schools and are looking into alternatives. Also, due to COVID we will not have a Thanksgiving Feast with parents. The Nutrition Department will have a meal for the students on November 18th and November 19th. Results of the Triennial Assessment will be emailed to Dr. Barganski and will be shared with SHAC members.

- Health Beat – Dawn Evans, District Nurse – Stated our nurses have spent countless hours planning, researching, studying, revising plans, and revising plans again to become familiar with the language so we can give accurate information to staff. She spoke about the COVID dashboard on our website that is managed by the Administration Office. Letters are also sent out from the campuses to notify parents/guardians regarding cases. If anyone is deemed to be in close contact, they are notified personally. Dawn assured everyone that the nurses are on top of the situation. The website is kept updated daily. We notify the Nueces County Health Department as well as the Texas Education Agency.
- District Social Worker – Bryant Gray – The Abstinence Program starts at the Intermediate Campus in 6th grade. We educate students in grades 6 through 9. He also stated the curriculum covers more than sexual abstinence. The curriculum also covers the dangers involved with tobacco, drugs, and alcohol. We talk about the consequences involved with these choices. Mr. Gray will share with Dr. Barganski the curriculum and notes we use as well as the consent letter that is sent to the parents/guardians. Dr. Barganski will email this information to the committee members.

Other Discussion: Dr. Barganski spoke about having guest speakers at the SHAC meetings. From time to time we may have different entities come and present to us. In order for an outside entity to come into our district and present to students or staff, they have to come through our committee first. We listen and if we feel like it will benefit our students and our community then we put them on our list of approved programs. Our campuses can then choose to use the approved programs if they choose.

Meeting dates: Next meeting – January 12, 2021

Adjourn

Meeting adjourned at 5:11 p.m.