

**Flour Bluff Independent School District
School Health Advisory Council
January 12, 2021**

The meeting was called to order at 4:15 p.m.

In attendance were: Joseph Reyes, Linda Barganski, Brittany Buchanan, Gina Valdez, Dawn Evans, Sandra Martinez, Pam Pailes, Brenna Gordon, Brooke Zepeda, Cassandra Shouse, Shannon Murphy, Veronica Villarreal, Sam Canavati, Jessica Gutierrez, and Aimee Sanchez

The welcome was given by Linda Barganski. Minutes from the November 10, 2020 School Health Advisory Council meeting were emailed to the new members before the meeting for review, and a motion was made by Mrs. Dawn Evans and seconded by Ms. Shannon Murphy to approve the minutes. Motion passed.

New Business:

Old Business:

- **Health Beat** – Dawn Evans, District Nurse – Dawn spoke about flu season and our numbers are not like the numbers last year at this time. Attributed the low numbers to COVID-19. Dawn spoke about the new vaccine that is offered by Moderna and Pfizer and its 94% efficiency rate. The vaccine is not for children. Those offered the vaccine are ones who are currently 65 and older, have health conditions, and those who are health care workers. Dawn stated we will continue masking, sanitizing, and self-monitoring.
- **Wellness Plan** – Gina Valdez and Brittany Buchanan, Nutrition Department – Gina Spoke about having smart snacks in the cafeteria for students which aim to improve student health and well-being, increase consumption of healthful foods during the school day, and create an environment that reinforces the development of healthy eating habits. Gina stated that all nutrition employees have their food handlers permit and all cafeteria managers have their certifications. The Nutrition Department is bagging everything this year as well as having a no share table. The Nutrition Department will continue its commitment to promote wellness in the district.
- **Fitness Sub-Committee** – Dr. Linda Barganski – The Fitness Sub-Committee will meet on January 19, 2021 and will update the School Health Advisory Committee at the next meeting in March.

- **District Social Worker** – Mr. Gray retired in December 2020. The counselors at the campuses are handling his duties during the interim as best they can. The district recognizes the impact and hopes to interview and have someone hired by January 31, 2021 or the first part of February.

Other Discussion: Dr. Barganski spoke about implementing Character Traits Instruction by the 2021 – 2022 school year. The State Board of Education shall integrate positive character traits into the essential knowledge and skills adopted for kindergarten through grade 12, as appropriate. The State Board of Education must include the following positive character traits: courage, trustworthiness – including honesty, reliability, punctuality, and loyalty; integrity, respect and courtesy, responsibility – including accountability, diligence, perseverance, and self-control; fairness – including justice and freedom from prejudice; caring – including kindness, empathy, compassion, consideration, patience, generosity, and charity; good citizenship – including patriotism, concern for the common good and the community, and respect for authority and the law; school pride, and gratitude. Currently the Elementary and Intermediate campuses have implemented the Positivity Project which teaches these character traits. School Connect is at the High School. The district is currently looking into curriculum for other campuses and new curriculum will be shared with SHAC for review. Dr. Barganski spoke about COVID cases and stated the district is watching throughout the district and acknowledged the High School had a few more cases than other campuses.

Meeting dates: Next meeting – March 16, 2021

Adjourn

Mr. Joseph Reyes motioned to end the meeting and Mrs. Dawn Evans seconded. Meeting adjourned at 4:45 p.m.