

**Flour Bluff Independent School District**  
**School Health Advisory Council**  
**March 23, 2021**

The meeting was called to order at 4:15 p.m.

In attendance were: Joseph Reyes, Linda Barganski, Kate Collins, Allison Brady, Sandra Martinez, Brenna Gordon, Brittany Buchanan, Gina Valdez, Dawn Evans, Pam Pailles, Kristen LaBaum, Linda Bourdlais, Shannon Murphy, Veronica Villarreal, Sam Canavati, Jessica Gutierrez, and Aimee Sanchez

The welcome was given by Linda Barganski. Minutes from the January 12, 2021 School Health Advisory Council meeting were emailed to members before the meeting for review, and a motion was made by Mrs. Dawn Evans and seconded by Ms. Sandra Martinez to approve the minutes. Motion passed.

**New Business:**

- Christa Creek – Communities In Schools, Director of Programs – Gave an overview of Signs of Suicide Program (SOS). Christa has been with Communities In Schools for 22 years. SOS was being implemented last year and are in 16 different school districts in the area. The staff were being trained and then COVID happened. What the program SOS is trying to do is bring more awareness of the signs of suicide and depression. There is a parent meeting component that can be attended in person or virtually, educating parents by use of a power point on the signs of suicide and depression. One component of the program is staff training. The staff can record a video to post on their school's social media platforms and there is also a handout. The second component is a student version with three different video clips for students to view. There is a section in the power point that allows the district to customize with their information, such as resources and contacts for students to utilize. The program is for middle school and high school. There are videos, power points, and pamphlets. Materials are needed for the committee to review and vote. The following sub-committee would like to view the materials for this program: Kate Collins, Brenna Gordon, Allison Brady, Sam Canavati, Linda Bourdlais, Joseph Reyes, Veronica Villarreal, and Pam Pailles. This sub-committee will meet on April 1, 2021 at 4:15pm at the Central Office Board Room.
- Social Worker – Kate Collins – Kate introduced herself and spoke about visiting the campuses. Kate is working with the Food Bank to start a backpack program and a food distribution. The food distribution will be April 7, 2021 from 5pm to 6:30pm. The following SHAC members would like to volunteer for the food drive: Veronica Villarreal, Sam Canavati, Sandra Martinez, Linda Barganski, Gina Valdez, and Brenna Gordon. Mr. Canavati will email Dr. Barganski with a list of outside volunteers. Kate is also exploring the options of opening a food

pantry at the High School. Kate also spoke about working with some students from the Junior High on anger management. Teachers have reported that they have already seen some change in the students. Kate also spoke about helping a teen mom secure daycare and are working on housing for her right now. Parents are also contacting her for help.

### **Old Business:**

- **Health Beat** – Dawn Evans, District Nurse – Dawn spoke about the district testing employees for COVID-19. The district is now testing students as well. Only symptomatic students. Daily Testing Monday through Friday 8am to noon. The district will continue with our distancing guidelines. Our numbers continue to be low.
- **Fitness Sub-Committee Report** – Aspen Auger – the Fitness Sub-Committee met on January 19, 2021. The members on this committee are Aspen Auger, Dawn Evans, Shannon Murphy, Joseph Reyes and Sam Canavati. Aspen Auger is unable to attend today's meeting and gave Dr. Barganski the information to share. At this time, all students, from the Elementary to the High School, who are face to face have been tested at this time through FitnessGram. The Intermediate campus is now starting to test the online students. The next week the other campuses will follow. For the online students, the coaches are watching the students and recording the attempts and the results are noted on a google form. Dr. Barganski received an email from the state saying we do have to test the students and it is a requirement. It was mentioned that it would be nice for parents to see the progress of their student(s).

**Other Discussion:** none

### **Meeting dates:**

Next meeting – May 11, 2021 in person at the High School-Teaching Theater

### **Adjourn**

Mr. Joseph Reyes motioned to end the meeting and Ms. Allison Brady seconded. Meeting adjourned at 5:01 p.m.