

Hornet Café

Flour Bluff ISD School Nutrition
2021-2022
Pre-K Menu

Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.



Payment options:
Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen.
Or you may log on to www.flourbluffschoools.net and click the lunch menu icon for online payment.



Meal Prices	
Breakfast	No Charge
Adult Breakfast	A la Carte
Lunch	No Charge
Adult Lunch	\$4.15



À La Carte	
Breakfast Entree	\$1.50
Lunch Entree	\$2.50
Vegetable or Fruit Side	\$1.00
Milk	\$0.75

Breakfast Deal: Includes 3 food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal).

Food Components:

1. Grain (with occasional meat allowed)
2. Fruit/Vegetables (select up to two components)
3. Milk

Lunch Meal Deal: Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Meat
2. Grain
3. Fruit
4. Vegetable
5. Milk



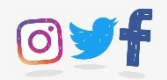
SquareMeals.org

Breakfast Menu				
Monday	Tuesday	Wednesday	Thursday	Friday
Biscuit w/ Sausage & Gravy Fresh Fruit Milk	Egg Omelet w/ Toast (V) Fresh Fruit Milk	French Toast (V) Fresh Fruit Milk	Cereal (V) Fresh Fruit Milk	Blueberry Pancake Wrap Fresh Fruit Milk
Oatmeal & Berries (V) Fresh Fruit Milk	Pancake Sausage Bites Fresh Fruit Milk	Egg & Cheese English Muffin Fresh Fruit Milk	Cereal (V) Fresh Fruit Milk	Mini Pancakes (V) Fresh Fruit Milk
Muffins (V) Fresh Fruit Milk	Ham Bar Fresh Fruit Milk	Pancake Sausage Sandwich Fresh Fruit Milk	Cereal (V) Fresh Fruit Milk	Kolache Fresh Fruit Milk
Sausage Biscuit Fresh Fruit Milk	Breakfast Bowtie Fresh Fruit Milk	Pancake Bowl (V) Fresh Fruit Milk	Cereal (V) Fresh Fruit Milk	Concha (V) Fresh Fruit Milk

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USDA is an equal opportunity provider and employer

(V): Vegetarian Entree

Follow us on social media! @flourbluffisdnutrition



August 2021						
S	M	T	W	T	F	S
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2021						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

November 2021						
S	M	T	W	T	F	S
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2021						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Chicken Burger Straight Cut Fries Pineapple Tidbits 1% Milk</i>	<i>Grilled Cheese (V) Tomato Soup Applesauce 1% Milk</i>	<i>Mozzarella Sticks Corn Mandarin Oranges 1% Milk</i>	<i>Sunbutter & Jelly w/ Cheese Stick Cucumbers Fruit Cocktail 1% Milk</i>	<i>Corndog California Blend Peaches 1% Milk</i>
<i>Hamburger w/ Cheese Savory Loops Pineapple Tidbits 1% Milk</i>	<i>Frito Pie Glazed Carrots Applesauce 1% Milk</i>	<i>Pepperoni Pinwheel Corn Mandarin Oranges 1% Milk</i>	<i>Turkey & Cheese Sub Romaine Salad Fruit Cocktail 1% Milk</i>	<i>Chicken Nuggets Cherry Tomatoes Pears 1% Milk</i>
<i>Italian Sub Peas Pineapple Tidbits 1% Milk</i>	<i>Hotdog Pork & Beans Applesauce 1% Milk</i>	<i>French Bread Pizza (V) Mini Carrots Mandarin Oranges 1% Milk</i>	<i>Burrito (V) Mexicali Corn Fruit Cocktail 1% Milk</i>	<i>Mac & Cheese (V) Tater Tots Peaches 1% Milk</i>
<i>Turkey & Cheese Croissant Mini Carrots Pineapple Tidbits 1% Milk</i>	<i>Beef Fingers Mashed Potatoes Applesauce 1% Milk</i>	<i>Cheese Pizza (V) Corn Mandarin Oranges 1% Milk</i>	<i>Beef Tacos w/ Spanish Rice Refried Beans Fruit Cocktail 1% Milk</i>	<i>Chicken Tenders Green Beans Pears 1% Milk</i>

(V): Vegetarian Entree

Note: Menu & Substitutions can occur without notice

White Box= No School

January 2022						
S	M	T	W	T	F	S
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

February 2022						
S	M	T	W	T	F	S
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

March 2022						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

April 2022						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

May 2022						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28