

RediMD

Telemedicine

Allowing you to have a Virtual Visit



Cost Effective – Convenience



Registration FAQ's

- To create your free account go to www.redimd.com (Code:flourbluffisd)
- Registration is a one-time process and can be done ahead of time without having to schedule an appointment.
 - Employees are encouraged to register ahead of time to avoid having to do this when you aren't feeling well!
- For dependents, Spouses and children old enough to have an email address should create a separate free account.
 - Children too young to have an email can see a doctor through the employees account. Just inform the doctor at the time of the appointment and have insurance information on hand to verify the dependent.
 - Children 4 and under are not recommended to use telemedicine and should always see a doctor in person

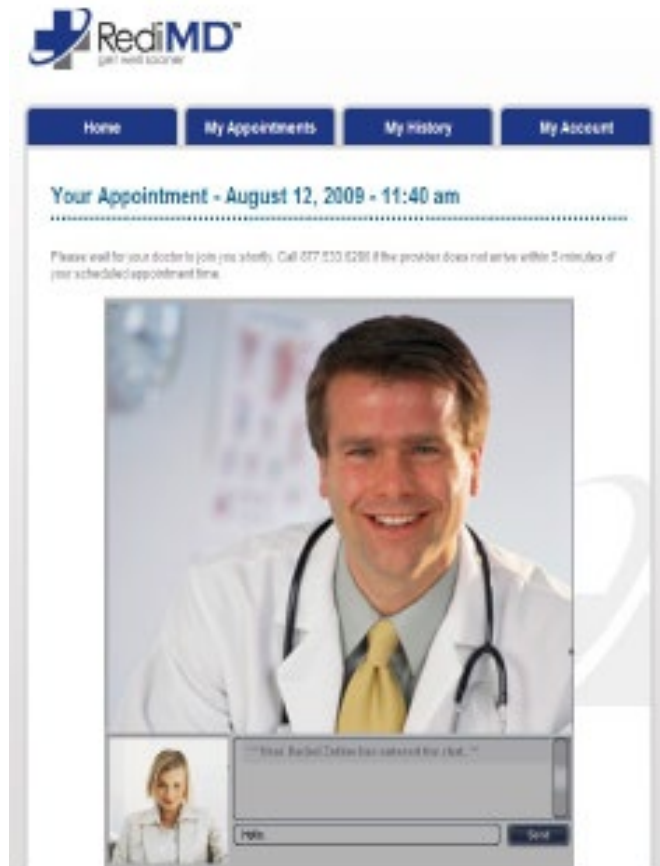
Registration FAQ's (continued)



- When using RediMD with your smartphone or smart tablet, you must also download the free app “**Skype.**”
- **5-10** minutes before your schedule appointment time open your internet browser on your smart phone or tablet and log in to your RediMD account. When you click “Go to my Appointment” the Skype app will automatically open and your doctor will pop up.
- If using a desk top computer, just be sure the computer has a functioning web cam.
- You will always be asked permission to “turn on the webcam” prior to the doctor being able to see you no matter what device you are using.

Cost Effective

RediMD gives employees the option to have a regular doctor's visit online, via a computer, smartphone or phone call.



RediMD is **FREE with NO CO-PAY** for those with the flour bluff medical benefits plan.

(The district covers your co-pay)

Convenience

- Employees and your dependents can schedule appointments with RediMD:

8:00am-6:00pm Monday-Saturday!

- Once you have registered and seen a doctor through a virtual visit at least once, you also have access to a 24/7 phone line where doctors can answer questions for you after hours, and diagnose “simple” cases (i.e. allergies, cough, etc.) **24/7 Phone Line : 281-633-0148**
- **Average appointment time is 10 minutes.** This means you could even see a doctor during your lunch/planning period. The doctor will appear at the exact time of your appointment. There is no “waiting room” wait time.
- **Specific questions** about RediMD can be answered at by calling RediMD at;
866-989-CURE, option 3

RediMD TREATS MOST PRIMARY CARE AILMENTS INCLUDING, BUT NOT LIMITED TO:

Cold

Cough

Flu

Sore Throat

Allergies

Skin Issues

Blood Pressure

Headaches

Diabetes

Sinus Infection

Stress Problems

Stomach Problems

During you account set up you can select a pharmacy convenient for you. (Close to your home or work)

RediMD doctor's are able to prescribe antibiotics and over the counter medicine the same way a PCP can.

*The only thing RediMD doctor's will not prescribe are Narcotics. This is against the law for any telemedicine provider.

Other FAQs

- With RediMD you will always be seeing a licensed Medical Doctor or a Nurse Practitioner
 - (These are **not** med students, RN's or any other kind of medical professional)
- RediMD doctors can diagnose the flu without a swab test. This is done through a “checklist” of your symptoms and if you have a certain number of symptoms out of the total it is professionally determined that you likely have the flu. The RediMD doctor would prescribe you Tamiflu (or something similar) and advise you on when you should see improvements. If improvement is not observed then they would instruct you next steps.
- RediMD doctor's will never “just guess” what may be wrong. If they begin talking with you and have any concern or are unable to diagnose they will instruct you to go to an Urgent Care, ER or your PCP if possible for an in person diagnosis

FAQs Cont'd

- RediMD is not meant to replace your Primary Care Physician, but rather give you another option.
- Previously when your PCP closed at 5:00pm employees only option was to go to an Urgent Care or Emergency Room. This comes with an even more expensive Copay. RediMD can help you save that money.
- RediMD is also a great option when you are out of town and unable to see your PCP.
- If you need any kind of hands on treatment (stiches, X-ray, MRI, etc.) RediMD is not the correct provider and you are still advised to visit your PCP, Urgent Care or ER.

Demo-Registration, Site, & Appointment Process

www.redimd.com