

**Flour Bluff Independent School District
School Health Advisory Council
January 17, 2023**

James Crenshaw called the meeting to order at 4:15pm and gave a welcome.

In attendance were James Crenshaw, Brandon Cunningham, Gina Valdez, Sandra Martinez, Shana Fuller, Phyllis Cox, Karen Gilson, Christina Harris, Veronica Minners, Mandy Cox, Kristen LaBaume, and Jeanie Paluseo.

New Business:

- Just Say Yes – Maegann Lough presented via zoom. Just Say Yes is a healthy relationships and teen dating violence program. This is an interactive assembly that challenges students with high mileage questions and encourage them to consider the families they come from, the friendships/relationships they are embracing and the motives behind their own actions.
- Materials from the Junior High – Shelly Book and Sandra DeLeon, Junior High Counselors gave a presentation on materials combined from Texas Essential Knowledge and Skills from the Health 1 and 2 curriculum. Some of the topics covered are dating violence, healthy relationships, human trafficking, child abuse and domestic violence.

Old Business:

- The Council was asked if CATCH My Breath could be voted on. It was decided that the committee would move forward and vote on the CATCH My Breath youth vaping prevention program. CATCH My Breath was voted on with a unanimous favor.

Other Discussion:

- Nursing Department – nothing was reported on this meeting.
- Nutrition Department – Gina Valdez spoke about the Supper Program that is now offered at Flour Bluff ISD beginning September 19, 2022. Flyers were sent out to all teachers. The Nutrition Department reached out to all school clubs as well. Gina reported that the Nutrition Department has had a great response! The Supper Program is available right after school. The meal is complimentary to all Flour Bluff students and children of the community* (name and age is needed per child for state regulations)

Meeting dates:

February 7, 2023

Adjourn

A motion was made to adjourn the meeting, and the motion was seconded. Motion passed. Meeting adjourned at 5:30 p.m.