

## Frequently Asked Questions

### What is Mentoring?

A mentor is a positive role model, who provides a young person with support, counsel, and friendship. A mentor is NOT a tutor, a babysitter, or a disciplinarian. Any child can benefit by having an additional positive role model in their life.

### How much time do volunteers spend mentoring?

It is up to the individual to decide how much time to spend with the HOSTS program. Most volunteers work 30 minutes to 1 hour one day a week. Mentoring sessions are arranged with volunteers to fit their busy schedules. This also allows volunteers to establish a continuing relationship with the student they are mentoring. Most mentors stay with their kids until they graduate from high school.

### How will volunteers know what to do?

All volunteers will attend an orientation session for information and training. They will be guided and given help throughout the year to insure a successful experience for them and the students. School professionals will be available at all times if help is needed.

### How Do Students Get Referred to the Mentor Program?

Students in grades 3-12 may be nominated by teachers, school staff, parents and counselors. Contact the school counselor for a referral sheet.

### How do I become a mentor?

- Fill out an application and attend orientation with a coordinator.
- Receive a satisfactory background check.

### Mission

The Flour Bluff I.S.D. Mentor program is a partnership of dedicated community members.

- Providing positive adult role models for students
- Fostering relationships that help students become successful learners
- Reinforcing positive attitude towards learning and problem-solving
- Building self-esteem by motivating students to strive for academic SUCCESS

Helping students to excel academically and accomplish their goals.



### Mentoring is a Powerful Role in Shaping Lives!

Everyone benefits from a successful mentoring relationship; the mentors, youth, as well as the youth's family members.

### Mentoring provides a young person with a wealth of benefits.

- Seeing positive adult role models in the school
- Receiving individualized attention and support
- Developing stronger academic and social skills
- Increasing their self-esteem
- Learning greater career exploration opportunities and educational goals

Mentoring provides significant benefits to mentors as well. Experienced mentors report they feel like they get more out of their mentoring relationship than they give. The benefits of mentoring are as diverse as the people who mentor.



For more information contact one of the following HOSTS coordinators at the following schools:

## DISTRICT COORDINATORS

**Dr. Linda Barganski** 694-9230  
**Savanna Bledsoe, LMSW** 694-9359

**ELEMENTARY SCHOOL**  
Rachel Vardeman, 694-9593



**INTERMEDIATE SCHOOL**  
Brian Scholz, 694-9452



**JUNIOR HIGH SCHOOL**  
Sandra DeLeon, 694-9385

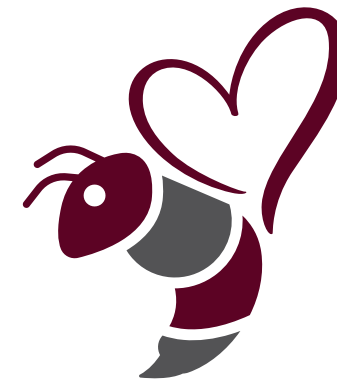


**HIGH SCHOOL**  
Debra Mendoza, 694-9170



## How Do I Get Involved?

Flour Bluff Independent School District is actively recruiting businesses, civic organizations and community citizens to be part of the mentor program.



HELPING OUR STUDENTS TO SUCCEED  
**H.O.S.T.S.**  
MENTORING PROGRAM



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