



Flour Bluff Independent School District Job Description

JOB TITLE: Mental Health Counselor

WAGE/HOUR STATUS: Exempt

NUMBER OF DAYS: 201

REPORTS TO: Associate Superintendent for Federal and State Programs/Principal

DATE REVISED: 12/09

PRIMARY PURPOSE:

- The Mental Health School Counselor will work closely with the administrative team as well as the building counseling team to coordinate, facilitate, and implement mental health support services. The Mental Health School counselor will provide emotional support and foster a safe and successful learning environment for students at the high school. The primary focus will be to work with administration and counselors to implement multi-tiered intervention strategies that help students develop socially and emotionally.

QUALIFICATIONS:

Education/Certification

- An LPC (Licensed Professional Counselor) or LSSP (Licensed Specialist in School Psychology)
- Secondary (middle and high school) experience preferred

Special Knowledge/Skills

- Implementation of accepted theories and techniques and appropriate to school counseling

- Strong facilitation, coaching, conflict resolution and problem-solving skills
- Experience in the use of technology
- Demonstrated leadership skills
- Demonstrated skills in written and verbal communication
- Demonstrated understanding and appreciation of diversity
- Knowledge of and experience with meditation and conflict resolution
- Ability to promote and follow Board Policy and District and department procedures
- Utilizes a high level of organizational skills and initiative
- Strong communication skills

Experience:

- Experience and training in mental health support within a learning or school environment

MAJOR RESPONSIBILITIES AND DUTIES:

1. The Mental Health School counselor will work closely with the High School counselors and administrative
2. Provide individual mental health counseling
3. Address bullying/harassment
4. Provide education (prevention and awareness via classes/presentation on topics such as anger/stress management, cyber safety, etc.)
5. Develop youth leadership and empowerment skills
6. Provide crisis assistance (i.e. family death)
7. Provide mental health resources
8. Liaison to/for community resources; next steps involving short term and/or long-term therapy or intervention; advocacy
9. Provide small group mental health counseling (i.e. anger/stress management, girl/boy issues, self-esteem, grief, relationships, etc.)
10. Address mental health and mental illness
11. Address risky behaviors (i.e. alcohol/drug use)
12. Address depression and anxiety (i.e. suicide ideation)
13. Address abuse (i.e. physical, emotional, sexual)
14. Maintain and track documentation of mental health support for students
15. Provide high school academic counseling support and other duties as assigned by the building principal.
16. Perform other duties as assigned.

Mental Demands/Physical Demands/Environmental Factors:

Tools/Equipment Used:

Personal computer and peripherals; standard instructional equipment

Posture:

Prolonged sitting; frequent standing, kneeling/squatting, bending/stooping, pushing/pulling, and twisting

Motion:

Frequent walking

Lifting:

Regular light lifting and carrying (less than 15 pounds); occasional physical restraint of students to control behavior

Environment:

Work inside, may work outside

Mental Demands:

Maintain emotional control under stress; may work prolonged or irregular hours

The above statements describe the general purpose and responsibilities assigned to this job and are not an exhaustive list.