

# Hornet Cafe

Flour Bluff ISD School Nutrition  
2025-2026

BIC Menu

5th-6th



## nutrition

FLOUR BLUFF ISD

**Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.**

**Breakfast Meal Deal:** Includes 3 to 4 items. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

**Food Components:**

1. Grain (with occasional meat allowed)
2. Fruit/Vegetable (select up to two items)
3. Milk



**Lunch Meal Deal:** Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

**Food Components:**

1. Meat
2. Grain
3. Fruit
4. Vegetable
5. Milk

NutriCloud  
STREAMLINING FREE & REDUCED APPLICATIONS



**Payment options:**

Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen. Or you may log on to [www.flourbluffschoools.net](http://www.flourbluffschoools.net) and click the lunch menu icon for online payment



### Meal Prices

Breakfast 5 <sup>th</sup> - 6 <sup>th</sup> FREE	Reduced Lunch \$0.40 No Charge Starting Sept 1st
	Lunch 5 <sup>th</sup> - 6 <sup>th</sup> \$3.45
Adult Breakfast \$4.25	Adult Lunch \$5.50

### À la Carte Prices

Student Breakfast Entrée	\$2.00
Student Lunch Entrée	\$2.75
Adult Breakfast Entrée	\$3.00
Adult Lunch Entree	\$4.00
Veg or Fruit	\$1.00
Extra Grain	\$1.00
Milk/Lactose Free	\$1.00/\$2.00

### À la Carte Snack Prices 5<sup>th</sup> - 12<sup>th</sup> Grade

Mini Rice Krispie/ Rice Krispie	\$0.50 - \$1.00	Ice Cream	\$1.50 - \$2.50
Sunflower Seeds	\$1.00	Nutri-Grain Bar	\$2.00
Pop Tart	\$1.00	Water 8oz/16oz	\$0.50-\$1.00
Chips	\$1.25	Tropicana Apple	\$2.50
Brownie	\$1.50	Tropicana Orange	\$3.00
Cookie	\$1.50	Yogurt Smoothie	\$3.00

### Breakfast

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Pizza Bagel(P) Fresh Fruit Milk	English Muffin Egg & Cheese (V) Fresh Fruit Milk	Apple Cinnamon Texas Toast(V) Fresh Fruit Milk	Cereal (V) Fresh Fruit Milk	Pancake Stick Fresh Fruit Milk
Muffins (V) Fresh Fruit Milk	Chicken Waffle Sandwich Fresh Fruit Milk	Crisp Up Fresh Fruit Milk	Cinnamon Roll(V) Fresh Fruit Milk	Pancake Sausage Sandwich Fresh Fruit Milk
Cream Cheese Bagel (V) Fresh Fruit Milk	Breakfast Croissant(V) Fresh Fruit Milk	Pancakes (V) Fresh Fruit Milk	Breakfast Bread (V) Fresh Fruit Milk	Kolache (P) Fresh Fruit Milk
Sausage Cheese Sandwich Fresh Fruit Milk	Breakfast Pizza Fresh Fruit Milk	Pancake Glazed (V) Fresh Fruit Milk	Cereal (V) Fresh Fruit Milk	Concha (V) Fresh Fruit Milk

PORK (P) Fresh Fruit, Juice and Milk served daily at Breakfast . (V): Vegetarian Entrée.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by 1. Mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or 2. Fax: (833) 256-1665 or (202) 690-7442; or 3. Email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider

# FBISD LUNCH 5th -6th Grade

August 2025							September 2025							October 2025							November 2025							December 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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31																					30													

<i>Monday</i>							<i>Tuesday</i>							<i>Wednesday</i>							<i>Thursday</i>							<i>Friday</i>						
<b>Frito Pie</b> <b>Chicken w/Waffle</b> <b>SunButter Sandwich w/ Cheese Stick (V)</b> <b>Peas</b> <b>Celery</b> <b>Applesauce</b>							<b>Teriyaki Chicken w/Rice</b> <b>Chicken Burger</b> <b>Chef Salad (P)</b> <b>Potato Wedges</b> <b>Side Salad</b> <b>Pineapple Tidbits</b>							<b>Chicken Alfredo w/Pasta w/Breadstick</b> <b>Mozzarella Sticks (V)</b> <b>Ham &amp; Cheese Sandwich</b> <b>Corn</b> <b>Grape Tomatoes</b> <b>Mandarin Oranges</b>							<b>Enchiladas (V)</b> <b>Burrito</b> <b>Italian Sub</b> <b>Romaine Salad</b> <b>Refried Beans</b> <b>Fruit Cocktail</b>							<b>Fish Nuggets w/Mac &amp; Cheese</b> <b>Grilled Cheese(V)</b> <b>Turkey Cheese Croissant</b> <b>Tomato Soup</b> <b>Cucumbers</b> <b>Peaches</b>						
<b>Sloppy Joe</b> <b>Corndog Minis</b> <b>Ham Sub</b> <b>Carrots</b> <b>Green Beans</b> <b>Applesauce</b>							<b>Chicken Chow Mein</b> <b>Cheeseburger</b> <b>Chef Salad (P)</b> <b>French Fries</b> <b>Side Salad</b> <b>Pineapple Tidbits</b>							<b>Lasagna w/Breadstick</b> <b>Pizza Pull Apart (V)</b> <b>BLT Wrap</b> <b>Pea Salad</b> <b>Roasted Cauliflower</b> <b>Mandarin Oranges</b>							<b>Beef Nachos</b> <b>Chicken Flauta</b> <b>Turkey Lunch Box</b> <b>Charro Beans</b> <b>Romaine Salad</b> <b>Fruit Cocktail</b>							<b>Fish -n- Chicken Platter</b> <b>Corn Dog</b> <b>SunButter Sandwich w/ Cheese Stick (V)</b> <b>Grape Tomatoes</b> <b>Mixed Vegetables</b> <b>Pears</b>						
<b>Pulled Pork w/Chips</b> <b>Country Fried Steak w/ Roll</b> <b>Pita Cheese Wrap (V)</b> <b>Pork &amp; Beans</b> <b>Coleslaw</b> <b>Applesauce</b>							<b>Potstickers w/Eggroll</b> <b>Grilled Chicken Burger</b> <b>Chef Salad (P)</b> <b>Broccoli</b> <b>Side Salad</b> <b>Pineapple Tidbits</b>							<b>Spaghetti w/Breadstick</b> <b>French Bread Pizza (V) (P)</b> <b>Ham &amp; Cheese Croissant</b> <b>Carrots</b> <b>Cucumbers</b> <b>Mandarin Oranges</b>							<b>Frito Con Carne</b> <b>Tamales</b> <b>SunButter Sandwich w/ Cheese Stick (V)</b> <b>Mexicali Corn</b> <b>Romaine Salad</b> <b>Fruit Cocktail</b>							<b>Fish Sandwich</b> <b>Mac &amp; Cheese w/Roll (V)</b> <b>T una Salad Croissant</b> <b>Grape Tomatoes</b> <b>Tater Tots</b> <b>Peaches</b>						
<b>Turkey &amp; Gravy</b> <b>Beef Fingers</b> <b>Broccoli Soup(V)</b> <b>Roll</b> <b>Carrots</b> <b>Mashed Potatoes</b> <b>Applesauce</b>							<b>Cherry Blossom w/Rice</b> <b>Chicken Nuggets w/Gingerbread</b> <b>Chef Salad (P)</b> <b>Green Beans</b> <b>Spinach Salad</b> <b>Pineapple Tidbits</b>							<b>Pizza Slice</b> <b>Chicken Wings w/Biscuit</b> <b>Parfait</b> <b>Corn</b> <b>Celery</b> <b>Mandarin Oranges</b>							<b>Beef Crisp Up</b> <b>Chicken Fajita Soft Taco</b> <b>SunButter Bistro Box (V)</b> <b>Refried Beans</b> <b>Grape Tomatoes</b> <b>Fruit Cocktail</b>							<b>Baja Fish Soft Taco</b> <b>Chicken Tenders w/Cornbread Muffin</b> <b>Pasta Salad</b> <b>Vegetable Soup</b> <b>Broccoli Slaw</b> <b>Pears</b>						

Choice of Variety Milk and Fresh Fruit Offered Daily

(V) Vegetarian (P) Pork

White Box = No School

Note: Menu & Substitutions can occur without notice

January 2026							February 2026							March 2026							April 2026							May 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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25	26	27	28	29	30	31	29	30	31					29	30	31					26	27	28	29	30			24	25	26	27	28 <sup>1/2</sup>	29	30
							22	23	24	25	26	27	28								31							31						