

Hornet Cafe

Flour Bluff ISD School Nutrition
2025-2026

BREAKFAST
7th-8th

Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.



Breakfast Meal Deal: Includes 3 to 4 items. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Grain (with occasional meat allowed)
2. Fruit/Vegetable (select up to two items)
3. Milk

Lunch Meal Deal: Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Meat
2. Grain
3. Fruit
4. Vegetable
5. Milk



Payment options:

Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen. Or you may log on to www.flourbluffschoools.net and click the lunch menu icon for online payment



Meal Prices

Reduced Breakfast No Charge	Reduced Lunch \$0.40 No Charge Starting Sept 1st
Breakfast 7 th - 8 th \$2.30	Lunch 7 th - 8 th \$3.45
Adult Breakfast \$4.25	Adult Lunch \$5.50

À la Carte Prices

Student Breakfast Entrée	\$2.00
Student Lunch Entrée	\$2.75
Adult Breakfast Entrée	\$3.00
Adult Lunch Entree	\$4.00
Veg or Fruit	\$1.00
Extra Grain	\$1.00
Milk/Lactose Free	\$1.00/\$2.00

À la Carte Snack Prices 5th - 12th Grade

Mini Krispie/ Krispie Treat	\$0.50 - \$1.00	Nutri-Grain Bar	\$2.00
Sunflower Seeds	\$1.00	Water 8oz/16oz	\$0.50-\$1.00
Pop Tart	\$1.00	Envy	\$2.25
Chips	\$1.25	Tropicana Apple	\$2.50
Cookie/Brownie	\$1.50	Tropicana Orange	\$3.00
Ice Cream	\$1.50 - \$2.50	Yogurt Smoothie	\$3.00

Breakfast

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Pizza Bagel (P) Cereal (V) Fresh Fruit	English Muffin Egg & Cheese (V) Cereal (V) Fresh Fruit	Apple Cinnamon Texas Toast (V) Cereal (V) Fresh Fruit	Biscuit Gravy w/ Sausage(P) Cereal (V) Fresh Fruit	Mini Bites Cereal (V) Fresh Fruit
Muffins (V) Cereal (V) Fresh Fruit	Chicken Waffle Sandwich Cereal (V) Fresh Fruit	Crisp Up Cereal (V) Fresh Fruit	Cinnamon Roll(V) Cereal (V) Fresh Fruit	Pancake Sausage Sandwich Cereal (V) Fresh Fruit
Cream Cheese Bagel (V) Cereal (V) Fresh Fruit	Breakfast Croissant(V) Cereal (V) Fresh Fruit	Pancakes (V) Cereal (V) Fresh Fruit	Breakfast Bread (V) Cereal (V) Fresh Fruit	Kolache (P) Cereal (V) Fresh Fruit
Sausage Cheese Sandwich Cereal (V) Fresh Fruit	Breakfast Pizza Cereal (V) Fresh Fruit	Pancake Glazed(V) Cereal (V) Fresh Fruit	Ham Bar(P) w/Biscuit Cereal (V) Fresh Fruit	Concha (V) Cereal (V) Fresh Fruit

PORK(P)

Fresh Fruit, Juice and Milk served daily at Breakfast

(V): Vegetarian Entrée.

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FBISD LUNCH 7th -8th Grade

August 2025							September 2025							October 2025							November 2025							December 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21 ^{1/2}	22	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
31																					30													

<i>Monday</i>							<i>Tuesday</i>							<i>Wednesday</i>							<i>Thursday</i>							<i>Friday</i>						
Chicken & Waffle Pizza, Burger & South of the Border SunButter Sandwich w/ Cheese Stick (V) Celery Side Salad Applesauce							Teriyaki Chicken w/Rice Pizza, Burger & South of the Border Chef Salad (P) Potato Wedges Side Salad Pineapple Tidbits							Mozzarella Sticks (V) Pizza, Burger & South of the Border Ham & Cheese Sandwich Cucumbers Side Salad Mandarin Oranges							Enchiladas (V) Pizza, Burger & South of the Border Italian Sub Refried Beans Side Salad Fruit Cocktail							Grilled Cheese(V) Pizza, Burger & South of the Border Turkey Cheese Croissant Tomato Soup French Fries Peaches						
Corndog Minis Pizza, Burger & South of the Border Ham Sub Carrots Side Salad Applesauce							Chicken Chow Mein Pizza, Burger & South of the Border Chef Salad (P) French Fries Side Salad Pineapple Tidbits							Lasagna w/Breadstick Pizza, Burger & South of the Border BLT Wrap Roasted Cauliflower Side Salad Mandarin Oranges							Chicken Flautas Pizza, Burger & South of the Border Turkey Lunch Box Charro Beans Side Salad Fruit Cocktail							Corn Dog Pizza, Burger & South of the Border SunButter Sandwich w/ Cheese Stick (V) French Fries Mixed Vegetables Pears						
Pulled Pork w/Chips Pizza, Burger & South of the Border Pita Cheese Wrap (V) Coleslaw Side Salad Applesauce							Potstickers w/Eggroll Pizza, Burger & South of the Border Chef Salad (P) Broccoli Side Salad Pineapple Tidbits							Spaghetti w/Breadstick Pizza, Burger & South of the Border Ham & Cheese Croissant Cucumbers Side Salad Mandarin Oranges							Tamales Pizza, Burger & South of the Border SunButter Sandwich w/ Cheese Stick (V) Mexicali Corn Refried beans Fruit Cocktail							Mac & Cheese w/Roll (V) Pizza, Burger & South of the Border T una Salad Croissant Tater Tots Grape Tomatoes Peaches						
Beef Fingers w/Roll Pizza, Burger & South of the Border Broccoli Soup(V) w/Roll Mashed Potatoes Side Salad Applesauce							Cherry Blossom w/Rice Pizza, Burger & South of the Border Chef Salad (P) Green Beans Side Salad Pineapple Tidbits							Chicken Wings w/Biscuit Pizza, Burger & South of the Border Parfait Celery French Fries Mandarin Oranges							Beef Crisp Up Pizza, Burger & South of the Border SunButter Bistro Box (V) Refried Beans Grape Tomatoes Fruit Cocktail							Chicken Tenders w/Cornbread Muffin Pizza, Burger & South of the Border Pasta Salad French Fries Side Salad Pears						

Choice of Variety Milk and Fresh Fruit Offered Daily
 (V) Vegetarian (P) Pork
 White Box = No School
 Note: Menu & Substitutions can occur without notice

January 2026							February 2026							March 2026							April 2026							May 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
25	26	27	28	29	30	31	29	30	31					29	30	31					26	27	28	29	30			24	25	26	27	28 ^{1/2}	29	30
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