

Hornet Cafe

Flour Bluff ISD School Nutrition
2025-2026

BREAKFAST

9th-12th

Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.



Breakfast Meal Deal: Includes 3 to 4 items. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Grain (with occasional meat allowed)
2. Fruit/Vegetable (select up to two items)
3. Milk

Lunch Meal Deal: Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Meat
2. Grain
3. Fruit
4. Vegetable
5. Milk



Payment options:
Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen. Or you may log on to www.flourbluffschoools.net and click the lunch menu icon for online payment

Meal Prices

Reduced Breakfast No Charge	Reduced Lunch \$0.40 No Charge Starting Sept 1st
Breakfast 9 th - 12 th \$2.30	Lunch 9 th - 12 th \$3.45
Adult Breakfast \$4.25	Adult Lunch \$5.50

À la Carte Prices

Student Breakfast Entrée	\$2.00
Student Lunch Entrée	\$2.75
Adult Breakfast Entrée	\$3.00
Adult Lunch Entrée	\$4.00
Veg or Fruit	\$1.00
Extra Grain	\$1.00
Milk/Lactose Free	\$1.00/\$2.00

À la Carte Snack Prices 5th - 12th Grade

Mini Krispie/ Krispie Treat	\$0.50 - \$1.00	Water 8oz/ 16oz	\$0.50-\$1.00
Sunflower Seeds	\$1.00	Gatorade/Soda/Fusion	\$2.00
Pop Tart	\$1.00	Envy/Switch	\$2.25
Chips	\$1.25	Izzy/Sparkling Ice	\$2.50
Brownie	\$1.50	Tropicana Apple	\$2.50
Cookie	\$1.50	Tropicana Orange	\$3.00
Ice Cream	\$1.50 - \$2.50	Green Tea	\$3.00
Nutri-Grain Bar	\$2.00	Yogurt Smoothie	\$3.00

NutriCloud



Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Bagel(P) Potato Egg Taquito Cereal (V) Fresh Fruit	English Muffin Egg & Cheese(V) Bacon Egg Taquito Cereal (V) Fresh Fruit	Apple Cinnamon Toast(V) Bean Bacon Taquito Cereal (V) Fresh Fruit	Biscuit w/Sausage Gravy(P) Sausage Egg Taquito Cereal (V) Fresh Fruit	Pancake Bites Potato Egg Taquito Cereal (V) Fresh Fruit
Muffins(V) Potato Egg Taquito Cereal (V) Fresh Fruit	Chicken Waffle Sandwich Bacon Egg Taquito Cereal (V) Fresh Fruit	Crisp Up Bean Bacon Taquito Cereal (V) Fresh Fruit	Cinnamon Roll(V) Sausage Egg Taquito Cereal (V) Fresh Fruit	Pancake Sausage Sandwich Potato Egg Taquito Cereal (V) Fresh Fruit
Cream Cheese Bagel (V) Potato Egg Taquito Cereal (V) Fresh Fruit	Breakfast Croissant(V) Bacon Egg Taquito Cereal (V) Fresh Fruit	Pancakes (V) Bean bacon Taquito Cereal (V) Fresh Fruit	Breakfast Bread (V) Sausage Egg Taquito Cereal (V) Fresh Fruit	Kolache(P) Potato Egg Taquito Cereal (V) Fresh Fruit
Sausage Cheese Sandwich Potato Egg Taquito Cereal (V) Fresh Fruit	Breakfast Pizza Bacon Egg Taquito Cereal (V) Fresh Fruit	Glazed Pancake(V) Bean Bacon Taquito Cereal (V) Fresh Fruit	Ham Bar(P) w/Biscuit Sausage Egg Taquito Cereal (V) Fresh Fruit	Concha(V) Potato Egg Taquito Cereal (V) Fresh Fruit

PORK(P)

Fresh Fruit, Juice and Milk served daily at Breakfast.

(V): Vegetarian Entrée.

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FBISD LUNCH 9th -12th Grade

August 2025							September 2025							October 2025							November 2025							December 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21 ^{1/2}	22	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
31																					30													

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Chicken w/Waffle Pizza, Burger & South of the Border SunButter Sandwich w/ Cheese Stick (V) Celery Side Salad Applesauce	Teriyaki Chicken w/Rice Pizza, Burger & South of the Border Chef Salad (P) Potato Wedges Side Salad Pineapple Tidbits	Mozzarella Sticks (V) Pizza, Burger & South of the Border Ham & Cheese Sandwich Cucumbers Side Salad Mandarin Oranges	Enchiladas (V) Pizza, Burger & South of the Border Italian Sub Refried Beans Side Salad Fruit Cocktail	Grilled Cheese(V) Pizza, Burger & South of the Border Turkey Cheese Croissant Tomato Soup French Fries Peaches
Corndog Minis Pizza, Burger & South of the Border Ham Sub Carrots Side Salad Applesauce	Chicken Chow Mein Pizza, Burger & South of the Border Chef Salad (P) French Fries Side Salad Pineapple Tidbits	Lasagna w/Breadstick Pizza, Burger & South of the Border BLT Wrap Roasted Cauliflower Side Salad Mandarin Oranges	Chicken Flautas Pizza, Burger & South of the Border Turkey Lunch Box Charro Beans Side Salad Fruit Cocktail	Corn Dog Pizza, Burger & South of the Border SunButter Sandwich w/ Cheese Stick (V) French Fries Mixed Vegetables Pears
Pulled Pork w/Chips Pizza, Burger & South of the Border Pita Cheese Wrap (V) Coleslaw Side Salad Applesauce	Potstickers w/Eggroll Pizza, Burger & South of the Border Chef Salad (P) Broccoli Side Salad Pineapple Tidbits	Spaghetti w/Breadstick Pizza, Burger & South of the Border Ham & Cheese Croissant Cucumbers Side Salad Mandarin Oranges	Tamales Pizza, Burger & South of the Border SunButter Sandwich w/ Cheese Stick (V) Mexicali Corn Refried beans Fruit Cocktail	Mac & Cheese w/Roll (V) Pizza, Burger & South of the Border T una Salad Croissant Tater Tots Grape Tomatoes Peaches
Beef Fingers w/Roll Pizza, Burger & South of the Border Broccoli Soup(V) w/Roll Mashed Potatoes Side Salad Applesauce	Cherry Blossom w/Rice Pizza, Burger & South of the Border Chef Salad (P) Green Beans Side Salad Pineapple Tidbits	Chicken Wings w/Biscuit Pizza, Burger & South of the Border Parfait Celery French Fries Mandarin Oranges	Beef Crisp Up Pizza, Burger & South of the Border SunButter Bistro Box (V) Refried Beans Grape Tomatoes Fruit Cocktail	Chicken Tenders w/Cornbread Muffin Pizza, Burger & South of the Border Pasta Salad French Fries Side Salad Pears

Choice of Variety Milk and Fresh Fruit Offered Daily (V) Vegetarian (P) Pork White Box = No School Note: Menu & Substitutions can occur without notice

January 2026							February 2026							March 2026							April 2026							May 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
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17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21 ^{1/2}	22	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
31																					30													

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Celery Side Salad Refried Beans 3	Potato Wedges Side Salad Refried Beans 3	Cucumbers Side Salad Refried Beans 3	Refried Beans Side Salad	Tomato Soup Straight Fries 1,2,4 Refried Beans 3
Carrots Side Salad Refried Beans 3	Straight Fries 1,2,4 Side Salad Refried Beans 3	Cauliflower Side Salad Refried Beans 3	Charro Beans Side Salad	Straight Fries Mixed Vegetables Refried Beans 3
Coleslaw Side Salad Refried Beans 3	Broccoli Side Salad Refried Beans 3	Cucumbers Side Salad Refried Beans 3	Mexicali Corn Refried Beans 3	Tater Tots Grape Tomatoes Refried Beans 3
Mash Potatoes 1,2,4 Side Salad Refried Beans 3	Green Beans Side Salad Refried Beans 3	Celery Straight Fries Refried Beans 3	Refried Beans Grape Tomatoes	Straight Fries 1,2,4 Side Salad Refried Beans 3

January 2026							February 2026							March 2026							April 2026							May 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7	1	2	3	4	5	6 ^{1/2}	7				1	2	3	4						1	2
4	5	6	7	8	9	10	8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
11	12	13	14	15	16	17	15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
25	26	27	28	29	30	31	29	30	31					29	30	31					26	27	28	29	30			24	25	26	27	28 ^{1/2}	29	30
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