

Hornet Cafe

Flour Bluff ISD School Nutrition
2025-2026
PREK

Our Mission is to provide nutritious well-balanced meals that encourage long lasting healthy eating choices.



Breakfast Meal Deal: Includes 3 to 4 items. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Grain (with occasional meat allowed)
2. Fruit/Vegetable (select up to two items)
3. Milk



Lunch Meal Deal: Includes 3 to 5 different food components. A fruit or vegetable **MUST** be selected for a complete Meal Deal (Reimbursable Meal)

Food Components:

1. Meat
2. Grain
3. Fruit
4. Vegetable
5. Milk



Meal Prices	
Pre K Breakfast	FREE
Pre K Lunch	FREE
Adult Breakfast	\$4.25
Adult Lunch	\$5.50

Payment options:

Cashiers are available to accept payments during breakfast and lunch at each campus and at Central Kitchen. Or you may log on to www.flourbluffschoools.net and click the lunch menu icon for online payment



À la Carte Prices	
Student Breakfast Entrée	\$2.00
Student Lunch Entrée	\$2.75
Adult Breakfast Entrée	\$3.00
Adult Lunch Entree	\$4.00
Veg or Fruit	\$1.00
Extra Grain	\$1.00
Milk/Lactose Free	\$1.00/\$2.00

À la Carte PreK-4th	
Water 8oz	\$0.50
Water 16oz	\$1.00

Breakfast				
Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Bagel(P) Fresh Fruit 1% Milk	English Muffin Egg & Cheese (V) Fresh Fruit 1% Milk	Apple Cinnamon Texas Toast (V) Fresh Fruit 1% Milk	Cereal (V) Fresh Fruit 1% Milk	Pancake Stick Fresh Fruit 1% Milk
Muffins (V) Fresh Fruit 1% Milk	Chicken & Cheese Waffle Fresh Fruit 1% Milk	Crisp Up Fresh Fruit 1% Milk	Cereal(V) Fresh Fruit 1% Milk	Pancake Sausage Sandwich Fresh Fruit 1% Milk
Cream Cheese Bagel (V) Fresh Fruit 1% Milk	Breakfast Croissant(V) Fresh Fruit 1% Milk	Pancakes (V) Fresh Fruit 1% Milk	Cereal(V) Fresh Fruit 1% Milk	Kolache (P) Fresh Fruit 1% Milk
Sausage Cheese Sandwich Fresh Fruit 1% Milk	Breakfast Pizza Fresh Fruit 1% Milk	Pancake Glazed(V) Fresh Fruit 1% Milk	Cereal (V) Fresh Fruit 1% Milk	Concha(V) Fresh Fruit 1% Milk

PORK(P) Fresh Fruit, Juice and Milk served daily at Breakfast. **(V):** Vegetarian Entrée.

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Pre-K Lunch Menu

August 2025							September 2025							October 2025							November 2025							December 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6				1	2	3	4							1		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21 ^{1/2}	22	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
31																					30													

Monday	Tuesday	Wednesday	Thursday	Friday
Frito Pie Celery Applesauce 1% Milk	Chicken Burger Potato Wedges Pineapple Tidbits 1% Milk	Mozzarella Sticks (V) Grape Tomatoes Mandarin Oranges 1% Milk	Burrito Refried Beans Fruit Cocktail 1% Milk	Grilled Cheese (V) Tomato Soup Peaches 1% Milk
Corndog Minis Carrots Applesauce 1% Milk	Cheeseburger French Fries Pineapple Tidbits 1% Milk	Pizza Pull Apart (V) Pea Salad Mandarin Oranges 1% Milk	Flautas Charro Beans Fruit Cocktail 1% Milk	SunButter Sandwich (V) Grape Tomatoes Pears 1% Milk
Country Steak Pork & Beans Applesauce 1% Milk	Grilled Chicken Burger Broccoli Pineapple Tidbits 1% Milk	French Bread Cheese Pizza (V) Cucumbers Mandarin Oranges 1% Milk	Frito Con Carne Mexicali Corn Fruit Cocktail 1% Milk	Mac & Cheese (V) Tater Tots Peaches 1% Milk
Beef Fingers Mashed Potatoes Applesauce 1% Milk	Chicken Nuggets Green Beans Pineapple Tidbits 1% Milk	Pizza Slice Cheese (V) Celery Mandarin Oranges 1% Milk	SunButter Bistro Box (V) 1% Milk	Chicken Tenders Broccoli Slaw Pears 1% Milk

1% Milk and Fresh Fruit Offered Daily (V): Vegetarian (P) Pork White Box = No School Note: Menu & Substitutions can occur without notice

January 2026							February 2026							March 2026							April 2026							May 2026						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
				1	2	3	1	2	3	4	5	6	7	1	2	3	4	5	6 ^{1/2}	7				1	2	3	4						1	2
4	5	6	7	8	9	10	8	9	10	11	12	13	14	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
11	12	13	14	15	16	17	15	16	17	18	19	20	21	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
18	19	20	21	22	23	24	22	23	24	25	26	27	28	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
25	26	27	28	29	30	31	29	30	31					29	30	31					26	27	28	29	30			24	25	26	27	28 ^{1/2}	29	30
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