**Flour Bluff Independent School District**
**School Health Advisory Council**
**October 7, 2026**

Sarah Chapman called the meeting to order at 4:30p.m., welcomed everyone, and everyone introduced themselves.

In attendance were Sarah Chapman, Erik Martinez, Yajaira Baker, Heather Stark (virtually), Valarie Garcia (virtually), Valentina Cisneros-Acosta, Shauna Vela, Katy Beseda, Andrea Johnson, Jennifer Mays, Cliff Zarbock, Sarah Schuelke, Tami Krueger, and Elizabeth Gillum.

**Agenda items:**

- By Laws Review & Member Orientation: a handout was made available for review and discussed with the School Health Advisory Council (SHAC).

- Officer Election: By a vote of 9 voting members, Valentina Cisneros-Acosta was elected Chair, Shauna Vela was elected Vice Chair, and Jennifer May was elected Secretary.

- Wellness Policy Update- Presentation: Erik Martinez, Director of Nutrition, presented proposed updates to the Wellness Policy and provided an informational handout to the committee members. The committee reviewed changes regarding food sales and distribution guidelines, celebration and reward standards, Smart Snack compliance, scheduling restrictions for non-Smart Snack sales, and regulation of caffeinated items. Additional topics included updated guidelines on food allergies, hygiene protocols, and legal liability.

- Remarks – School Health Advisory Council Members

**Future Meeting dates**:
October 21, 2026
December 9, 2026
February 24, 2027
April 21, 2027

**Adjourn**
Meeting adjourned at 5:33 p.m.